



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
David Chirikian Chief Operations Officer
Pat Redner Executive Director
Valentina Ashjian Business Director
Nune Hasratyan Wellness Director
Maria Warren MC Activity Director
Anna Guglielmi Community Care Director
Nathan Rojas Culinary Service Director
Sheila Kinney Activity Director/Editor
Maria Khanzadian Marketing Director
Rick Stubbs Activity Director/Arts



WELCOME HOME!

Contact Numbers

Main Office (626) 574-8571
Fax Number (626) 574-2094
Memory Lane Care (626) 574-1500
Mobile Number (626) 698-8645
Beauty Shop (626) 574-0469

www.arcadiagardensretirement.com

April 2017



Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. At our Facebook profile, you will find updated information about the community via blogs and bulletins. It's another great way to get to know your neighbors! To become our friend on Facebook, simply search for us on www.Facebook.com.



APRIL BIRTHDAYS

RESIDENT BIRTHDAYS

4/3 Richard Ornelas
 4/5 Vivian Ledesma
 4/9 Darleene Johns
 4/11 Barbara Cain
 4/11 Alfredo Sipert
 4/14 Dimitrios Vantarakis
 4/18 Robert Whittier
 4/18 Marjorie Bernklau
 4/19 Wanda Drown
 4/23 Juanita Smouse
 4/28 Mary Jane Ang
 4/28 Dorothy White
 4/29 Dana Matula

EMPLOYEE BIRTHDAYS

4/5 Erik Grande
 4/11 Alexandro Gonzales
 4/12 Irene Gomez
 4/15 Maria Gamboa
 4/16 Cynthia Garcia
 4/16 Leticia Garcia
 4/16 Rosario Hernandez
 4/22 Silvia Duenas
 4/24 Valantina Ashjian
 4/26 Rick Stubbs
 4/27 Michelle Olivares
 4/28 Maria Khanzadian
 4/30 Rosemarie Raymond



From the Desk of the Executive Director



Happy Easter!

It's a time of rebirth and renewal. Whether you're celebrating the arrival of spring, bunnies bearing eggs or the religious significance of Easter, our staff wishes all of you a wonderful holiday.

Spring is here!

We are so fortunate to have such lovely grounds here at Arcadia Gardens. The grass is green, the flowers are blooming, and a big thank you goes out to the gardening staff for their diligent hard work. The milder weather affords us a great opportunity to get outside and enjoy the beauty. Studies have shown that those who get outside experience elevated moods, stress reduction and a sense of well-being. We hope you take advantage of the grounds here and get out and take in some fresh air.

All the best,

Pat Redner-Executive Director



ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs.

Our 2 friendly drivers,
ROBERT LIKADINATA

&

WILLIAM LAZO

are here to make sure you get where and when you need to be.

In order to keep our transportation schedule on time, please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 1:00 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



Get OUTSIDE!



Irises ~ Poolside at Arcadia Gardens
Remember we have tables out by the pool
to enjoy a visit with a friend or family
member. Take Advantage!

Happy Easter



All of us at Arcadia Gardens
would like to wish you a
joyous & Happy Easter.

EASTER LUNCH

We will be serving an Easter
Lunch on
Sunday, April 16
with musical entertainment.
Family members are Welcome.

MEDICARE "101"

Medicare "101" Workshop
Tuesday, April 18
10:45 am
Oval Room

John Dickey (a licensed independent broker), will present a free, no-obligation workshop on the basics of Medicare. Initially a short educational film on the basics of Medicare, followed by a discussion of Parts A through E, including how to reduce prescription drug costs and how to avoid Medicare late enrollment penalties. Refreshments following workshop.

Spring Is Here!



*Blooming Flowers of Arcadia
Gardens...Beauties!*

*"Never yet was a springtime,
when the buds forgot to bloom."
Margaret Elizabeth Sangster*



RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is a forum to
voice your opinion, questions,
comments.

Next Meeting
Thursday- April 13th
3:15 p.m. Oval Room

Welcome  **Home**

NEW RESIDENTS

Please help us in welcoming our
new neighbors.

We are very happy you chose
Arcadia Gardens as your
residence and look forward to
seeing you every day...
Welcome Home!

Anna Calnan
Carole Hooper
Seng Eon
Jack Stuebe



Memory Care Neighborhood

The month of March in Memory Lane was a fun-filled month. We always enjoy Arts & Crafts, interactive games, social gatherings which bring us together, music and of course, most important, laughter. Our residents were able to spend much of their time outside in our garden area soaking up the sunshine, enjoying old tunes and enjoying sweet treats. Please stay tuned for our St. Patrick's Party Pictures, located in our Photo album in Memory Lane. Also please check our board and calendar for any special dates, such as our Fun Friday themes, Mystery Tour dates and Entertainment.
Maria Warren Memory Lane Activity Director



NATHAN ROJAS
CULINARY SERVICE DIRECTOR

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm



EASTER LUNCH

*An Easter Lunch will be served
on
Sunday, April 16
12:30 pm
Musical Entertainment
Family is welcome.*



The Power of the Peep

You may or may not have a taste for them, but few can deny the charm of the marshmallow Peep. Since 1953, the Just Born candy company in Bethlehem, Pa., has been making these sugary treats a staple of springtime celebrations.

Peeps were originally made by hand, a process that took 27 hours from start to finish. Now, the manufacturing time has been shortened to six minutes—a good thing, since 5.5 million marshmallow critters are made every day! Close to 2 billion Peeps are produced annually.

The original Peep, the yellow chick, remains the most popular. Since the 1960s, Peeps have been sold in a variety of shapes and colors to correspond with the changing seasons.

Simply a marshmallow coated in colored sugar with edible wax eyes, the Peep's legacy lies in the myriad ways it can be eaten—or not. In the last decade, Peeps diorama contests and sculptures have unleashed the creativity of those who love the iconic marshmallow designs. A fun experiment for both young and old is to zap a Peep in the microwave and watch it "grow."





BINGO

We will now play on
Mon., Tues., Wed. Thurs. & Fri.
at 1:45p.m. in the Game Room.
Sundays 2:00p.m.
(No BINGO on Saturdays)

I-One ...

... and you'll be one too by playing bingo with us. Bring your game face and listening skills for a round or two of combined skill and luck. Everybody has a chance to win in different directions: side-to-side, up-and-down or corner-to-corner. We'll furnish the cards and caller while residents chip in with fun and excitement. Play along today!



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local Churches

9:15 am

Church Fellowship

11:00 am

Bible Study w/ Pat



BOOM Workout

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am Mon - Sat

Monday/Wednesday

Tai Chi

Tuesday/Thursday

Workout Fun

Friday

Boom

Saturday

Stay Fit For Life

&

THURSDAY

Special Time - 2:15 p.m

Balance & Fall Prevention Class

Music Programs

Our music program is sure to make you move and bring back all those great memories from life.

Come by and listen to this program in the OVAL ROOM.

Monday

3:15 pm

Piano to be announced

Tuesday

2:00 pm

Musical Memory

Wednesday

10:30 am

Guitar n' Tunes w/Erik

3:30 pm

Accordion w/Helen

Friday

6:15 pm

Twilight Guitar w/Rick

Saturday

10:30 am

Sing A Long w/Rick

3:30 pm

AG Performers

Sunday

12:45 am

Piano Time to be announced



Thank you to brother and sister Jeffrey & Melissa Van, talented young musicians from Temple City High, who come and play piano, violin & viola for us here at Arcadia Gardens. We appreciate their time and dedication to their craft.





Out & About

Twohey's Restaurant



A fun time at Twohey's. Jean K.'s (top center), family started this iconic restaurant in the '40s.



Bill M. & Sheila.



Jack R., Maricela & Pat R.



The impressive entrance at the museum.



Sheila, Viola and Robert with the man himself.

The Nixon Library & Museum



Delicious boxed lunches...thanks to our kitchen!



Robert M. and Robert L.

Arts and Crafts

Button Bunny Brooch

Make some-bunny smile with this simple seasonal craft.

Materials:

- Hot glue gun and glue
- Two white buttons, different sizes
- Small pink pompom
- Scissors
- White felt
- 1-inch pin back

Directions:

Apply glue on the lower half of the smaller button and attach it to the top of the larger button. The two buttons should now resemble a rabbit: The smaller button is its head and the larger one is its body.

Glue the pompom in the center of the larger button. This is the rabbit's tail (it is facing away from you). Cut two small rabbit ear shapes out of the felt, then glue them in place at the top of the bunny's head.

Glue the pin back on the other side of the rabbit. Once dry, the brooch is ready to wear.

MARDI GRAS & GOOD TIMES



Rodrigo, Dora, Jeannie & Ronnie.



Rodrigo, Jean & Clara.



J.P. & Maria



Great performance by the "Crown City Dixieland Band."



"Miss Maral"

New Life by Parise Arakelian

Recently, with the notice to move our clocks forward, we knew in our hearts that spring was just around the corner.

Spring will arrive in the Gardens soon after the small plants which have been carefully planted by the gardeners in the flower beds. These treasures will become a beautiful array of colors for which Arcadia Gardens has been highly praised by the residents and community at large.

Just as the seeds and plants in the garden grow with tending and watering, so also do our lives in Christ come alive and prosper as we believe by faith in His life-giving Spirit.

In John chapter 11, Jesus came to the gravesite of Lazarus and said: "I am the resurrection and the life; he who believes in Me shall live even if he dies, and everyone who lives and believes in Me shall never die..." Jesus cried out with a loud voice, "Lazarus, come forth"; who arose and came out from the tomb.

Easter represents our new life in Jesus Christ who arose from the dead, giving us the promise of new life in the Hereafter.



Nixon Library & Museum - (L to R) Robert P., Kay, Russ, Robert W., Robert, Sheila, Viola & Harry.

