

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Joke Time 2:30 Comfort Food 3:00 Flag Making 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun  Independence Day	9:30 Exercise 10:00 Mystery Bus Tour 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie	<b>Red, White &amp; Blue Smoothie Friday ~ Wear Red, White &amp; Blue</b> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing  Canada Day
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Joke Time 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun	9:30 Exercise 10:30 Gentle Tai Chi 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	<b>Favorite character Friday / popcorn &amp; a Disney movie</b> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Joke Time 2:30 Comfort Food 3:00 Scripture Reading 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun	9:30 Exercise 10:00 Mystery Bus Tour 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie	<b>Wear Yellow Friday/Nature Walk in Garden</b> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden	9:30 Air Balloon Tennis 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
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