
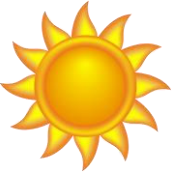



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2017 Memory Lane Arcadia Gardens Retirement Hotel 		1 10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun	2 9:30 Exercise 10:00 Mystery Bus Tour 3:00 Parachute Group Fun 4:00 Movie	3 9:30 Exercise 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie	4 <u>Favorite character Friday / popcorn & a Summer movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden	5 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
6 9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	7 10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Summer Crafts 6:00 Gentle Hand Massage	8 10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun	9 9:30 Exercise 10:30 Gentle Tai Chi 3:00 Parachute Group Fun 4:00 Movie	10 9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 August Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	11 <u>Favorite character Friday / popcorn & a Disney movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden	12 9:30 Air Balloon Tennis 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
13 9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	14 10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage	15 10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun	16 9:30 Exercise 10:00 Mystery Bus Tour 3:00 Parachute Group Fun 4:00 Movie	17 9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie	18 <u>Wear Green Friday/Nature Walk in Garden</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden	19 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
20 9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	21 10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Scripture Reading 6:00 Gentle Hand Massage	22 10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun	23 9:30 Exercise 10:30 Gentle Tai Chi 3:00 Parachute Group Fun 4:00 Movie	24 9:30 Exercise 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Summer Art 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	25 <u>Wear Yellow or Orange Friday</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 In Our Garden	26 9:30 Air Balloon Tennis 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
27 9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	28 10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage	29 10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun	30 9:30 Exercise 10:30 Gentle Tai Chi 3:00 Parachute Group Fun 4:00 Movie	31 9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 August Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	 Keep Cool and Drink Lots of Fluids!	