

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2017

Memory Lane- Arcadia Gardens Retirement Hotel

<p>9:00 Light & Lively Stretches 3 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p>	<p>10:00 Arcadia Daily Chronicle 4 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Summer Crafts 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 5 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 6 10:00 Mystery Bus Tour 3:00 Parachute Group Fun 4:00 Movie</p>	<p>9:30 Exercise 7 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie</p>	<p><u>Favorite character Friday / popcorn & a Summer movie</u> 1 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden</p>	<p>9:30 Bowling 2 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p>
<p>9:00 Light & Lively Stretches 10 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time</p> <p style="text-align: center;"><small>Labor Day</small></p>	<p>10:00 Arcadia Daily Chronicle 11 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 12 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 13 10:30 Gentle Tai Chi 3:00 Parachute Group Fun 4:00 Movie</p>	<p>9:30 Exercise 14 10:00 Bead Making 10:30 Accordion with Helen 11:30 August Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie</p>	<p><u>Wear Green Friday/Nature Walk in Garden</u> 15 9:30 Movin' n Groovin' 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden</p>	<p>9:30 Bowling 16 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing</p>
<p>9:00 Light & Lively Stretches 17 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p> <p style="text-align: center;"><small>Grandparents Day</small></p>	<p>10:00 Arcadia Daily Chronicle 18 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Scripture Reading 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 19 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 20 10:00 Mystery Bus Tour 3:00 Parachute Group Fun 4:00 Movie</p>	<p>9:30 Exercise 21 10:00 Bead Making 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie</p> <p style="text-align: center;"><small>Rosh Hashanah</small></p>	<p><u>Wear Yellow or Orange Friday</u> 22 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 In Our Garden</p> <p style="text-align: center;"><small>Autumn Begins</small></p>	<p>9:30 Air Balloon Tennis 23 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing</p>
<p>9:00 Light & Lively Stretches 24 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time</p>	<p>10:00 Arcadia Daily Chronicle 25 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 26 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Garden social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 27 10:30 Gentle Tai Chi 3:00 Parachute Group Fun 4:00 Movie</p>	<p>9:30 Exercise 28 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Summer Art 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie</p>	<p><u>Favorite character Friday / popcorn & a Disney movie</u> 29 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden</p>	<p>9:30 Bowling 30 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing</p> <p style="text-align: center;"><small>Yom Kippur</small></p>