

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>January ~ A time for new beginnings</div>	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Fall Crafts 6:00 Gentle Hand Massage New Year's Day	10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Fun Time social 4:00 Chair Basketball Fun	9:30 Exercise 10:30 GentleTai Chi 1:00 Winter Craft 2:00 Mystery Tour 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie	<u>Favorite character Friday / popcorn & a Disney movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Out in the Garden	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
	9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Seasonal Tidbits 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 Seasonal Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	<u>Favorite character Friday / popcorn & an Inspirational movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00Ha-Ha Humor	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
	9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Scripture Reading 6:00 Gentle Hand Massage Martin Luther King Day	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Inspiring Stories 2:00 Mystery Tour 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 Winter Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie	<u>Wear Green Friday/Nature Walk in Garden - Weather permitting</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:Out in the Garden	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
	9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:00 Winter Movie Time 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Ha Ha Humor 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Fun with Art 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	<u>Wear Brightest Colors Friday- Party Friday</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 12:00 Fun Time Social 1:30 Fun with Food ~ 3:00 Social Time 4:00 Tool Time Trivia Australia Day	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
	9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Scripture Reading 6:00 Gentle Hand Massage	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Seasonal Tidbits 3:00 Parachute Group Fun 4:00 Movie	<div> <div>January 2018</div> <div>Memory Lane</div> <div>Arcadia Gardens Retirement Hotel</div> </div>		

Type the name, address, and other information about your community/company here.