

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2018

Memory Lane ~ Arcadia Gardens Retirement Hotel



<p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Winter Crafts 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Fun Time social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 10:30 Gentle Tai Chi 1:00 Winter Craft 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie</p>	<p>9:30 Exercise 10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie</p>	<p>Favorite character Friday / popcorn & a Disney movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Out in the Garden</p> <p><small>Groundhog Day</small></p>	<p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p>
<p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Winter Crafts 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Fun Time social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 10:30 Gentle Tai Chi 1:00 Winter Craft 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie</p>	<p>9:30 Exercise 10:00 Bead Making 10:30 Musical Tidbits 11:30 Seasonal Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie</p>	<p>Favorite character Friday / popcorn & a Romantic movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00Ha-Ha Humor</p>	<p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p>
<p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Colorful Valentine's Creations 11:30 Poetry Time 3:00 Garden social- Weather permitting 4:00 Chair Basketball Fun</p> <p><small>Mardi Gras</small></p>	<p>9:30 Exercise 10:30 Gentle Chair Exercise 12:00 Valentine's Social 3:00 Parachute Group Fun 4:00 Movie</p> <p><small>Valentine's Day</small></p>	<p>9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 Winter Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie</p>	<p>Wear Green Friday/Nature Walk in Garden - Weather permitting 9:30 Movin' n Groovin' 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:Out in the Garden</p> <p><small>Chinese New Year</small></p>	<p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing</p>
<p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Scripture Reading 6:00 Gentle Hand Massage</p> <p><small>Presidents' Day (US)</small></p>	<p>10:00 Arcadia Daily Chronicle 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Happy Day social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 10:30 Gentle Tai Chi 1:00 Inspiring Stories 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie</p>	<p>9:30 Exercise 10:00 Nail Art Makeovers 10:30 Musical Tidbits 11:30 Fun with Art 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie</p>	<p>Wear Brightest Colors Friday- Party Friday 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 12:00 Fun Time Social 1:30 Fun with Food ~ 3:00 Social Time 4:00 Tool Time Trivia</p>	<p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p>
<p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:00 Winter Movie Time 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage</p>	<p>10:00 Arcadia Daily Chronicle 10:30 Colorful Creations 11:30 Poetry Time 3:00 Good Times social 4:00 Chair Basketball Fun</p>	<p>9:30 Exercise 10:30 Gentle Chair Exercise 1:00 Ha Ha Humor 3:00 Parachute Group Fun 4:00 Movie</p>	<p><i>To love a person is to see all of their magic, and to remind them of it when they have forgotten.</i></p>		