

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:00 Light & Lively Stretches 4 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 5 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Winter Crafts 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 6 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Fun Time social 4:00 Chair Basketball Fun	9:30 Exercise 7 10:30 Gentle Tai Chi 1:00 Seasonal Craft 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 8 10:00 Nail Art Makeovers 10:30 Musical Tidbits 11:30 Seasonal Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	1 <u>Favorite character Friday / popcorn & a Disney movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Out in the Garden	2 3 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
9:00 Light & Lively Stretches 11 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time Daylight Saving Time Begins	10:00 Arcadia Daily Chronicle 12 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 13 10:30 Colorful Valentine's Creations 11:30 Poetry Time 3:00 Garden social- Weather permitting 4:00 Chair Basketball Fun	9:30 Exercise 14 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 15 10:00 Bead Making 10:30 Accordion with Helen 11:30 Springtime Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie	16 <u>Wear Green -St. Patty's Day Friday/Nature Walk in Garden -</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:Out in the Garden	17 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations St. Patrick's Day
9:00 Light & Lively Stretches 18 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 19 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Winter Crafts 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 20 10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Happy Day social 4:00 Chair Basketball Fun	9:30 Exercise 21 10:30 Gentle Tai Chi 1:00 Inspiring Stories 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 22 10:00 Nail Art Makeovers 10:30 Musical Tidbits 11:30 Fun with Art 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	23 <u>Wear Brightest Colors Friday- Party Friday</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 12:00 Fun Time Social 1:30 Fun with Food ~ 3:00 Social Time 4:00 Tool Time Trivia	24 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
9:00 Light & Lively Stretches 25 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time Palm Sunday	10:00 Arcadia Daily Chronicle 26 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 27 10:30 Colorful Creations 11:30 Poetry Time 3:00 Good Times social 4:00 Chair Basketball Fun	9:30 Exercise 28 10:30 Gentle Chair Exercise 1:00 Ha Ha Humor 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 29 10:00 Bead Making 10:30 Accordion with Helen 11:30 Springtime Craft 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie	30 <u>Wear Brightest Colors Friday- Party Friday</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 12:00 Easter Time Social 1:30 Fun with Food ~ 3:00 Social Time 4:00 Tool Time Trivia First Day of Passover Good Friday	31 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations