



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
David Chirikian Chief Operations Officer
Pat Redner Executive Director
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Nathan Rojas Culinary Service Director
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WELCOME HOME!

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www.arcadiagardensretirement.com

July 2017



Here's to Our Independence

Let us not forget to take a moment to remember those who fought for our country's independence so long ago.

The revolutionaries of 1776 couldn't have imagined how far we would come. The great strides we've made in science, technology, medicine and social justice are only more amazing when you consider where we started.

So while you're enjoying the all-American foods and breathtaking sights of Independence Day, take some time to thank those first Americans who took a leap into the unknown in the hopes of a better tomorrow. We will celebrate with the traditional barbeque and entertainment.

Julie and David Chirikian along with the entire **A.G. staff** wish all the residents and their families a happy and safe 4th of July.



Happy Birthday



JULY BIRTHDAYS

7/2 Val Riley
7/3 Olive Anderson
7/5 Betty Chen
7/10 Patricia Rizuto
7/11 Peggy Ayala
7/11 Lillian Rademacher
7/14 Jean Kilmer
7/15 Teresa Failing
7/17 Angelica Montenegro
7/31 Shirley Jube

EMPLOYEE BIRTHDAYS

7/1 Rebecca Montes De Oca
7/7 Elizabeth Camacho
7/8 Adriana Montellano
7/8 Vianey Moreno
7/12 Anabel Villegas
7/14 Edgar Lopez
7/17 Wilberto Lazo
7/24 Dora Ramos
7/25 Manuela Maldonado
7/25 Liza Olmedo
7/27 Julie Asad
7/28 Liborio Peralta
7/28 Amalia Cabanas
7/29 Hector Garcia
7/31 Ramona Campos



From the Desk of the Executive Director



A National Celebration

More than any other holiday, Independence Day unifies our country. Citizens put aside their differences and remember our many reasons for national pride. "From sea to shining sea," our abundant natural resources support and inspire us. Our diverse populations are the source of our collective strength. Our freedoms and ideals are an inspiration for people around the globe. This Independence Day, we hope that you will experience the full meaning of this special event.

We will have a great lunch & musical performance here at Arcadia Gardens. Whatever your plans, we hope you have a happy & safe Fourth of July!

All the best,

Pat Redner- Executive Director



ARCADIA GARDENS TRANSPORTATION

Got somewhere to go?
Come and sign up with our helpful Concierge for your transportation needs.
Our 2 friendly drivers,
ROBERT LIKADINATA

&

WILLIAM LAZO

are here to make sure you get where and when you need to be.

In order to keep our transportation schedule on time, please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 1:00 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. At our Facebook profile, you will find updated information about the community via blogs and bulletins. It's another great way to get to know your neighbors! To become our friend on Facebook, simply search for us on www.Facebook.com.



find us on facebook!

SUMMER CONCERTS by the POOL!

Once again we will be having our Summer Concerts by the Pool!

We will be bringing you talented performers and having great Summer Nights ahead. Watch for Dates and Announcements.



RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is a forum to
voice your opinion, questions,
comments.

Next Meeting
Thursday - July 13th
3:15 pm, Oval Room

NEW RESIDENTS

Please help us in welcoming our new neighbors.

We are very happy you chose Arcadia Gardens as your residence and look forward to seeing you every day.

Welcome
New Residents

Miriam Knight
Doris Frost
James Chrysantis
Pauline Fish-Memory Lane



We Hope You Have a Safe & Happy Holiday! No Fireworks Allowed on the Property.



Second String Orchestra Will Be Here Again!

We enjoyed their Valentine's show in February.

Roberta Wilcox and The Second Strings Orchestra will return for a "Summertime Show"

Join us in
The Penthouse
Sunday, July 16,
at 1:45 pm
Don't Miss These Great Musicians.





I Lift My Lamp Beside the Golden Door

She was a gift between two friends. She took 10 years to arrive and months to assemble, yet her presence has stood tall for more than a century.

Liberty Enlightening the World, a gift to the United States from France, was a representation of the friendship that developed between both countries during the American Revolution. Meant to be completed in time for America's centennial on July 4, 1876, the Statue of Liberty instead arrived June 1885 aboard a French frigate, packed in 214 crates, holding 350 pieces and weighing 450,000 pounds. However, due to stalled funding in the United States, the statue's base wasn't complete, so she remained unassembled until October 1886.

Standing 305 feet, 6 inches (from the pedestal base to the torch's tip), with an 8-foot-tall face and a 35-foot waistline, Lady Liberty remains the largest symbol of friendship, freedom and democracy to millions everywhere.



**NATHAN ROJAS,
CULINARY SERVICE DIRECTOR**

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm



Fourth of JULY BBQ

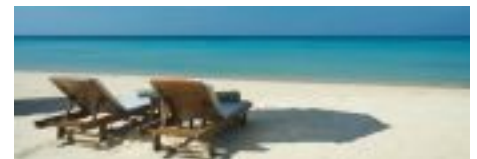
We will have our traditional
BARBECUE LUNCH
on Tuesday, July 4th, at Lunch
in the Dining Room.

Memory Care Neighborhood

Welcome July!

June was a Memorable month in Memory Lane. We celebrated all our Dads with a Western themed party. Hamburgers, hot dogs, great entertainment and Western sing-alongs with piano player, Mary. Thank you to all the Families who came & made this event special. July will be filled with patriotic fun, poetry readings, Mystery Tours, Flag making, socials in our garden, cookie decorating, and much more. Please see the calendar for any upcoming events and interactive classes such as Tai-Chi and music days.

Thank you,
Memory Lane Activity Director,
Maria Warren



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local Churches

9:15 am

Church Fellowship

11:00 am

Bible Study w/ Pat



BOOM Workout

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am Mon - Sat

Monday/Wednesday

Tai Chi

Tuesday/Thursday

Workout Fun

Friday

Boom

Saturday

Stay Fit For Life

&

THURSDAY

Special Time - 2:15 p.m

Balance & Fall Prevention Class



BINGO

The BINGO Schedule is CHANGING.

We will now play on
Sun., Mon., Tues., Wed. Thurs. & Fri.
at 1:45p.m. in the Game Room.

(No BINGO on Saturdays)

Please come join us for some FUN!



**Super Summer Prize
BINGO - Thurs. July 20th
Don't Miss It.**



Music Programs

Our music program is sure to make you move and bring back all those great memories from life.

Come by and listen to this program in the OVAL ROOM.

Monday

6:00 pm

Piano to be announced

Tuesday

2:00 pm

Musical Memory

Wednesday

10:30 am

Guitar 'n Tunes w/Erik

3:30 pm

Accordion w/Helen

Friday

6:15 pm

Twilight Guitar w/Rick

Saturday

10:30 am

Sing-Along w/Rick

3:30 pm

Accordion w/Walter

Sunday

12:45 am

Piano Time to be announced



Sensational "Summer of the Centenarians"

You probably know one or two centenarians, or you may even be one yourself! A centenarian is a person who has lived 100 years or more.

Centenarians are the fastest growing demographic group in many countries. There are currently about 80,000 centenarians in the United States. We at Arcadia Gardens are very happy to announce that 4 of our residents are either already centenarians or are about to join the CLUB!! We want to KICK -OFF "The Summer of The Centenarians" to celebrate this amazing milestone in the lives of these four residents.

We will have a Wonderful CELEBRATION in August to honor our 4 Centenarians:

Virgina Carr (100)
May 11,
Marvelyne Bailer (101)
June 29,
Marie Fay (100)
August 3,
William Vargo (100)
October 29

We will all join in the festivities.
Details to be announced!



Our Special CENTENARIANS



William & Virgina kicking off "The Summer of the Centenarian".



Marie (100) & Marvelyne (101), out by the pool ~ still going STRONG!



Ready for Summer!

Fourth of July Jars

Display festive blooms in this set of patriotic vases.

Materials:

- Three canning jars (same size)
- Spray paint in blue, white and red
- Painter's tape
- White acrylic paint
- Paper plate
- Foam star

Directions:

In a well-ventilated area, spray paint one of the canning jars blue, and the other two white. Let dry. If needed, apply a second coat and let dry.

Use the painter's tape to mark stripes on the two white jars: Beginning just under the rim, wrap a piece of tape all around the width of each jar. Apply another piece of tape beneath the first one, overlapping the edges. Place two more pieces of tape farther down each jar. Spray paint both jars red (apply two coats if needed). Once dry, peel off the tape. The jars should now have red and white stripes.

Pour some white acrylic paint on the paper plate. Dip the foam star into the paint and stamp stars all over the blue jar.

Once the paint on all three jars has dried, arrange the jars to look like an American flag.

"Colors of India "

We were lucky enough to have a delightful group of local student/children dancers come and perform for us last month. "Colors of India" dance group graced us with Indian folk dances and "Bollywood" style dances.



"Hoop Dance"



Arcadia Gardens COMMUNITY



Stayin' fit with "Balloon Volleyball"



Red, White & Blue Bingo on Memorial Day! Clara, Bernadette & Val.



Temple City High Volunteer- Sophia, helps with the calendar.

Bloom Where You Are Planted

Recently as I passed through our garden area, the phrase "Bloom Where You Are Planted" came to mind. Close observation of the young plants that had been carefully planted by our gardener around the base of the female statue were now blooming as vibrant, colorful flowers.

Just as these plants were planted in the garden to produce lovely flowers, we have been placed in our circumstances for a reason. We can choose to make the best of the situation where we find ourselves or be unhappy and cheerless. **1 Thessalonians 5:18** - give thanks in all circumstances; for this is God's will for you in Christ Jesus. (NIV)

When we bloom where we are planted, we begin to change ourselves and others for the better, one person at a time. **Galatians 5:22** - the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness. (NASB)

Let us be the best we can be right where we are. When we rise up and do what we can do, God will rise up and do what we cannot do.

Parise Arakelian
June 8, 2017



"Colors of India" student performers in the Penthouse.

