Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
M		e ~ Arcadi	iber 2018 a Gardens	Retirement	Hotel	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the Nove	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 10:30 Colorful Summertime Creations 11:30 Poetry Time 3:00 Garden social- Outdoor Nature Observations 4:00 Chair Basketball Fun	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Cookie Decorating & Patriotic Singing 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie	10:00 Nail Art Makeovers 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie	popcorn & a Fall movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News	3:00 School Days Talk 6:00 Gentle Hand Massage	10:30 Erik Newton- Guitar 11:30 Poetry Time 3:00 Happy Day social 4:00 Chair Basketball Fun	9:30 Exercise 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 September Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	Favorite character Friday / popcorn & a Disney movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
2:30 Marble Art	10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food	10:00 Arcadia Daily Chronicle 10:30 Colorful Creations 11:30 Poetry Time 3:00 Good Times social 4:00 Chair Basketball Fun	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Seasonal Craft 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10:00 Bead Making 10:30 Accordion with Helen 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Air Balloon Tennis 6:00 Movie	Wear Green Friday/Nature Walk in Garden 9:30 Movin' n Groovin' 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Planting Flowers In Our Garden	9:30 Air Balloon Tennis 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing  Autumn Begins Oktoberfest Begins
10:00 Singing Songs of Spirit 1:30 Mid-Day Stretching 2:30 Marble Art 3:00 In the News	6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Creations 11:30 Poetry Time 3:00 Garden Social- Outdoor Nature Observations 4:00 Chair Basketball Fun				9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations 6:00 Relaxation Breathing
9:00 Light & Lively Stretches 30 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time			ite arcadiagarden	vander are lost. sretirement.com and for the upcoming Alz		ank you

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