



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
 David Chirikian Chief Operations Officer
 Pat Redner Executive Director
 Valentina Ashjian Business Director
 Nune Hasratyan Wellness Director
 Anna Guglielmi Community Care Director
 Nathan Rojas Culinary Service Director
 Sheila Kinney Activity Director/Editor
 Rick Stubbs Activity Director/Arts/Music
 Hiaira Miranda Activity Director/Operations
 Maria Warren MC Activity Director
 Lisette Rodriguez Marketing Director
 Cinthia Navas Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

Main Office (626) 574-8571
 Fax Number (626) 574-2094
 Memory Lane Care (626) 574-1500
 Beauty Shop (626) 574-0469

February 2019



Happy Valentine's Day

Valentine's Day is coming, and it reminds us of the people we love the most: you, our residents! And we're not thinking about just hearts and flowers, either. We are committed to making your home here the best ever. Please don't hesitate to let us know if there's anything else we can do to make it that way!

We'd also like to take a moment to express our affection for our residents. Thanks for making our community such a fun place to work.

Happy Valentine's Day from your staff.





RESIDENT BIRTHDAYS

2/3	Denise McNalley
2/3	Bowmand Lee
2/12	Henry Lum
2/12	Ida Jerahov
2/13	Beverly Neiderman
2/14	Sally Carrillo
2/16	Maria Bedoy
2/17	Michael Jones
2/20	Giselle Bandurrago
2/21	Kay Obler
2/25	David Ramirez
2/28	Linda May Armstrong

EMPLOYEE BIRTHDAYS

2/8	Brianna Hernandez
2/10	Suzana Zadourian
2/11	Anna Guglielmi
2/13	Solina Lombardo
2/16	Leslie Miranda
2/16	Alejandro Espinoza
2/22	Marisela Hernandez
2/23	Eva Olivera

Contact Numbers

Main Office	(626) 574-8571
Fax Number	(626) 574-2094
Memory Lane ...	(626) 574-1500
Care	
Beauty Shop	(626) 574-0469



From the Desk of the Executive Director



In the Cards

The earliest surviving Valentine's message, a poem, dates from 1415. Victorian-era Valentines featured lace and embossed paper; at that time, it was considered bad luck to sign a Valentine's Day card. Today, more than 1 billion Valentine's Day cards are exchanged each year. However you celebrate Valentine's Day be sure to remember the significance of the day- Showing your love to others!

We hope that every day all of us at Arcadia Gardens find a way to share that love. Whether it is just a smile to brighten someone's day or to tell a friend that they matter to you. So let's find a way to express that love each and every day!

We are also looking forward to celebrating The Chinese New Year this month. What could be better than Love & New Beginnings.

1 John 4:19

We love because He loved us first.

With God's blessings,
Pat Redner- Executive Director

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs. Our two friendly drivers, **ROBERT LIKADINATA**

&

WILLIAM LAZO

are here to make sure you get where and when you need to be.

In order to keep our transportation schedule on time, please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

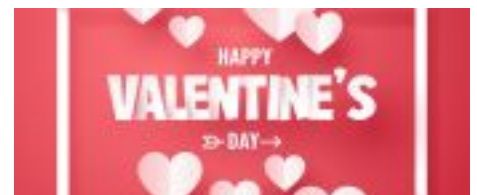
SUNDAY

8:00 am - 10:30 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



Volunteer Corner



John Schiavo of the LA Phil Conducts



Love Those Kids!



RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is for **ALL residents**
and is a forum to
voice your opinions, questions and
comments.

Next Meeting
THURSDAY, February 14th
3:15 pm, Oval Room



Crafty Artist



Chiyoko Chiming In

**New Canvas Creation -
Class Meets Tuesdays
3:30 p.m. Oval Room**



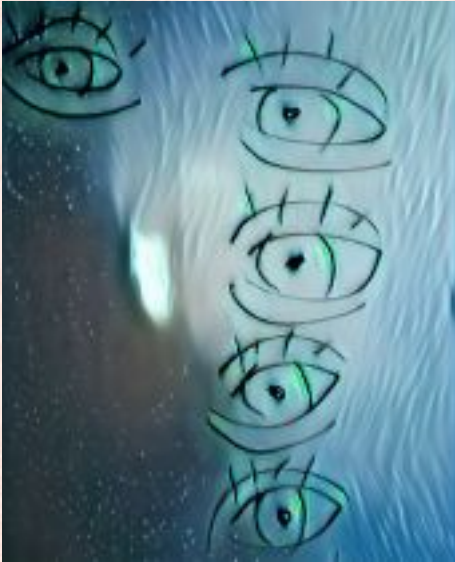
Portrait of Kenneth - Margie Harshberger

Welcome
New Residents

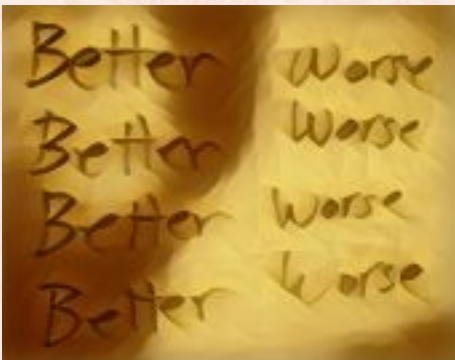
- Marilyn Baldwin
- Sherry Emond
- Cynthia Trotta
- Sharron Monte
- Henry Sanchez



WordPlay - Meets Fridays in the Oval Room 3:30



Biblical Justice (count them)



Part of the Wedding Vows



A look-alike (as in a mirror)



NATHAN ROJAS,
CULINARY SERVICE DIRECTOR

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm

Football Fan Fare

Super Bowl Sunday scores big when it comes to the amount of food people eat, ranking second to Thanksgiving. Football fans across America typically consume more than 1 billion chicken wings and 12 million pizzas! For many national pizza chains, it's one of the busiest days of the year.



SUPER BOWL PARTY

Sunday, Feb. 3rd

Food & Fun!

Time to Be Announced

Oval Room

Memory Care Neighborhood

The month of January in Memory Lane was quite eventful. From early morning moving & grooving chair exercises to karaoke time we all had an amazing start to 2019. Our Mystery Tours continue to be a favorite as our Residents enjoy outside time. Our scenic routes to the Pasadena and Hastings Ranch area are always breathtaking. We look forward to an exciting February filled with fun Fridays, movies & popcorn, comedy hour with Dean Martin & Frank Sinatra, instrumental time & socials over sweet treats and good music. Please feel free to ask me any questions pertaining to our scheduling and crafts.

Thank you, Maria
Warren-Activities



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local Churches

Church Fellowship

9:15 am or 3:30 pm alternating

Sundays

(see calendar for times)



Let's Watch the OSCARS!

Join us
in the Oval Room
on Sunday, Feb. 24th
4:00pm
for the Red Carpet Arrivals

Cast your ballot & vote for
the Big Winners!



BINGO SCHEDULE



Mon. through Fri., 1:30 p.m.; Sun.,
2 p.m. (No Sat.).

*Bingo Prize Party - Fri., Feb. 22,
1:30 p.m.*



BOOM! Workout

EXERCISE CLASSES

Come and join us in staying fit
and healthy with our daily
classes in OVAL ROOM

9:30 am, Mon. - Sat.

Monday/Wednesday

Tai Chi

Tuesdays

Workout Fun-Video

Friday

Boom

Saturday

Stay Fit For Life

&

THURSDAY

2:15 p.m

Balance & Fall Prevention Class

**"The Balance Class
Helped Me Recently. I
Avoided a Fall and I
Credit It to the Fall
Prevention Class".**

~ AG Resident,
Class Participant

Music Programs

Our music program is sure to
make you move and hearken
back to all those great
memories from your life.

Monday

3:15 pm

Gil Gunderson on Piano O/R

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



Leon LIVE & Marge having a good time!

Around & About the Gardens



Dancing at The End of the Month Dance



Crafting with The Ladies



Beautiful Coaster & Tiles!



Out & About



Out & About
Shopping trip to the 99 Cent Store.



Let's Celebrate on Valentine's Day!

Valentine's Day Party
Lunch time
Thurs., Feb. 14th

Fun & Games
Send a Balloon-a-Gram
to a friend or loved one

Marv Robinson
will perform for us!

Groundhog Day

Will Punxsutawney Phil see his shadow on Feb. 2? Will we have six more weeks of winter, or is spring right around the corner? We'll have some groundhog-themed activities as we eagerly await Phil's prediction, so check the calendar for all the details!



Punxsutawney Phil "The Official
Groundhog".

Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



HAPPY NEW YEAR!



Mac is ready for 2019!



Juanita is in the swing of things!



Deb & Mrs. Katz



Norine is ready for 2019!

Ring in 2019 At Arcadia Gardens! Thank You Rick & Deb for Hosting New Year's Eve



Clara is ready for 2019!



Moses is looking sharp!

And Now We Welcome the New Year. Full of Things That Have Never Been.~ Rilke



Ernesto is in party mode!



Chinese New Year Begins Tuesday, Feb. 5th

The Chinese Lion Dancers from the San Gabriel Valley Chinese Cultural Association will perform again this year. Watch for information about other activities /crafts, etc.





First Resident Council meeting of the year.



Just a taste of The Arcadia Gardens Glamour Calendar that will be for sale. Proceeds will go to The Alzheimer's Association.