

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019

Arcadia Gardens ~ Memory Lane

<div>March 2019</div> <div>Arcadia Gardens ~ Memory Lane</div>																											
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time			3	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage			4	10:00 Arcadia Daily Chronicle 10:30 Colorful New Year's Creations 11:30 Poetry Time 4:00 Chair Basketball Fun			5	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Cookie Decorating & Group Singing 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie			6	9:30 Exercise 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie			7	<u>Wear Green Friday/Nature Walk in Garden</u> 9:30 Movin' n Groovin' 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Gardening			1	9:30 Bowling 10:00 Arcadia Daily Chronicle 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations			2
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time			10	10:00 Out & About Mystery Tour 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage			11	9:30 Rose Parade Viewing TV TIME 10:00 Arcadia Daily Chronicle 10:30 Colorful New Year's Creations 11:30 Poetry Time 4:00 Chair Basketball Fun			12	9:30 Exercise 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie			13	9:30 Exercise 10:00 Bead Making 11:30 March Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie			14	<u>Wear Green Friday/Nature Walk in Yellow</u> 9:30 Movin' n Groovin' 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Gardening			15	9:30 Bowling 10:00 Arcadia Daily Chronicle 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations			16
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time			17	10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage			18	10:00 Arcadia Daily Chronicle 10:30 Colorful Creations 11:30 Poetry Time 3:00 Good Times social 4:00 Chair Basketball Fun			19	9:30 Exercise 10:30 Gentle Tai Chi 1:00 Cookie Decorating & Group Singing 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie			20	9:30 Exercise 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie			21	<u>Favorite character Friday / popcorn & a Disney movie</u> 9:30 Movin' n Groovin' 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden			22	9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations			23
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time			24	10:00 Out & About Mystery Tour 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Activities 6:00 Gentle Hand Massage			25	10:00 Arcadia Daily Chronicle 10:30 Colorful Creations 11:30 Poetry Time 3:00 Good Times social 4:00 Chair Basketball Fun			26	9:30 Exercise 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie			27	9:30 Exercise 10:00 Bead Making 11:30 Spring Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie			28	<u>Wear Green Friday/Nature Walk in Blue</u> 9:30 Movin' n Groovin' 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Gardening			29	9:30 Bowling 10:00 Arcadia Daily Chronicle 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations			30
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Mid-Day Stretching 2:30 Marble Art 3:00 In the News 6:00 Movie Time			31	<div>May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face, the rain fall soft upon your fields & until we meet again may God hold you in the palm of his hands. ~ Irish verse</div>																							