ARCADIA GARDENS
Retirement Hotel

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian	Chief Executive Officer
David Chirikian	Chief Operations Officer
Pat Redner	Executive Director
Valentina Ashjian	Business Director
Nune Hasratyan	Wellness Director
Anna Guglielmi	Community Care Director
Nathan Rojas	Culinary Service Director
Sheila Kinney	Activity Director/Editor
Rick Stubbs	Activity Director/Arts/Music
Hiaira Miranda	Activity Director/Operations
Maria Warren	MC Activity Director
Lisette Rodriguez	Marketing Director
Cinthia Navas	Director of Housekeeping

www.arcadiagardensretirement.com

WELCOME HOME!

Contact Numbers

Main Office	(626) 574-8571
Fax Number	(626) 574-2094
Memory Lane Care	(626) 574-1500
Beauty Shop	(626) 574-0469

April 2019

Easter Joy

May your Easter basket be full of joy, happiness & peace today and always. David & Julie Chirikian along with the staff here at Arcadia Gardens wish you and your loved ones a joyous holiday.

Easter Spells Out Beauty, The Rare Beauty of New Life. ~ S.D. Gordon

RESIDENT BIRTHDAYS

4/2	Robert Haley
4/3	Richard Ornelas
4/4	Kristen Harnum
4/4	Vivian Ledesma
4/6	Bill Carnahan
4/11	Barbara Cain
4/11	Alfredo Sipert
4/12	Raven Simmons
4/18	Robert Whittier
4/20	Sam Pan
4/21	Darma Dickinson
4/23	Juanita Smouse
4/29	Jane Ang
4/29	Dana Matula

EMPLOYEE BIRTHDAYS

4/4	Maria Arenas
4/5	Josephine Del Rosario
4/5	Isaac Green
4/11	Alexandro Gonzales
4/12	Irene Gomez
4/13	Paulina Salazar
4/14	Desiree Jaquez
4/14	Vanessa Cabrera
4/16	Leticia Garcia
4/16	Rosario Hernandez
4/17	Khanh Tran
4/22	Silvia Duenas
4/24	Valantine Ashjian
4/26	Rick Stubbs
4/27	Michelle Olivares
4/30	Rosemarie Raymond

From the Desk of the Executive Director

Sending You a Springtime Smile!

The season is in full bloom, and so are our best wishes for all of our residents. Here's to a happy spring full of smiles, laughter and beautiful weather and a wonderful Easter.

Amongst all the spring cleaning this month, and day to day activities we also celebrate Easter Sunday and the resurrection of Jesus Christ. We see signs all around us of new life and renewal. Have you noticed all the butterflies flitting about? There are even more this spring because of all the rain.

The butterfly is a symbol or sign of this new life and renewal. This insect's life cycle serves as a reflection of the life of Jesus: The caterpillar is his life and work on Earth; the cocoon is his crucifixion and burial; and the butterfly represents the glory of his resurrection. Take some time for yourself, admire the beautiful flowers on the grounds here and perhaps you will see a butterfly or two.

With God's blessings,
Pat Redner- Executive Director

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs.

Our two friendly drivers,
ROBERT LIKADINATA
&
WILLIAM LAZO
are here to make sure you get where and when you need to be.

In order to keep our transportation schedule on time, please make sure you book your day and time 24 hours in advance.

Thank You!
Drivers Available
MONDAY -FRIDAY
7:00 am - 4:00 pm
SUNDAY
8:00 am - 10:30 pm

CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.

Gong Hei Fat Choy - Happy Chinese New Year!

Crafty Masks

Mardi Gras!

Kay Turns 90!

RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is for ALL residents
and is a forum to
voice your opinions, questions and comments.
Next Meeting
THURSDAY, April 11th
3:15 pm, Oval Room

Welcome New Residents

Carmen Fakhoury
Harry Horak
Ermalinda Hulon
Margaret Mc Hugh
Helen Reese

WordPlay - Meets Fridays in the Oval Room 3:30

An old love song

Where you'd house the monster from "Jaws"

The end of everything from Revelations in the Bible

Name for a high-roller in poker

NATHAN ROJAS,
CULINARY SERVICE DIRECTOR

ARCADIA GARDENS FINE DINING

Breakfast
8:00 am - 9:00 am
Lunch
12:00 pm - 1:00 pm
Dinner
5:00 pm - 6:00 pm

A Traditional Easter Lunch Will Be Served at 12:30 p.m. In the Dining Room on Easter Sunday, Apr. 21

Memory Care Neighborhood

March was a month filled with Laughter, Love, Fun interactive art projects, socializing over tea, cross word puzzles and great classic movies. This month was filled with bright colors as we celebrated St. Patty's Day and Mardi Gras. We always enjoy great piano music and singing played by Mary C. Memory Lane loves using Maracas, tambourines and shakers to join in on the fun. We enjoyed the fresh air, wonderful scenery and sights on our Mystery Tour throughout Pasadena. Movin' & groovin' to Rock & Roll and swing music sets the tone for a great day, I encourage our spa time as well. The sound of soothing music, hand massages and breathing exercises set the mood for a positive day. We look forward to an exciting and fabulous April.

Maria Warren-ActivitiesMemory Lane

Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday
9:00 am
Catholic Communion

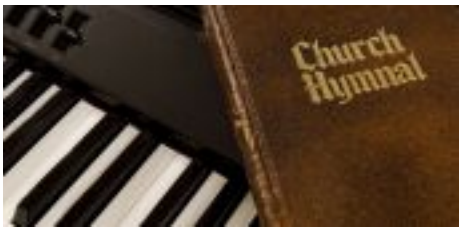
2nd Friday of the Month
9:00 am
Catholic Mass

Saturday
10:00 am
Rosary w/ Gladys

Sunday
8:15 am
Transportation to local Churches

Church Fellowship
9:15 am or 3:30 pm alternating Sundays
(see calendar for times)

For Our Better Angels



BINGO SCHEDULE

Mon. through Fri., 1:30 p.m.; Sun., 2 p.m. (No Sat.).
Bingo Prize Party - Fri., Mar. 29, 1:30 p.m.

***BOOM!* Workout**

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM
9:30 am, Mon. - Sat.

Monday/Wednesday
Tai Chi

Tuesdays
Workout Fun-Video

THURSDAY
9:30
Rock 'n Roll Workout w/Sheila

2:15 p.m
Balance & Fall Prevention Class

Friday
Boom Fitness

Saturday
Stay Fit For Life

Music Programs

Our music program is sure to make you move and hearken back to all those great memories from your life.

Monday
3:15 pm
Gil Gunderson on Piano O/R

Tuesday
10:30
Sing LIVE with Leon O/R
2:00 pm
Musical Memory O/R

Wednesday
10:30 am
Guitar 'n Tunes w/Erik O/R

Friday
6:30 pm
Twilight Guitar w/Rick O/R

Saturday
10:30 am
Sing-Along w/Rick O/R
3:30
Our All-Resident Band
Open Rehearsal O/R

Sunday
12:45 pm D/R
Performer to be announced

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Out & About

A Delicious Trip to the Olive Garden

Decisions, decisions!!

Sign Up for Our Outing This Month to Du Par's Restaurant at the Los Angeles Farmer's Market.

Happenings

Some festive St. Patty's Day crafting

Nathan, with Tony & Dora as they prep for the cooking class

Congratulations, Viola Turns 101!!

Viola is still full of life and great humor! We love you.

Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.

Mardi Gras Time!

Nvair in Mardi Gras colors.

Dora, Hiaira & Lizette

Sheila, Ruth, Hiaira & Marian

Who is that masked butterfly?
Could it be Doris?

Festivities at the Gardens

Dr. & Mrs. Mills

Clara's got the beads!

Dora's ready to join the parade!

Good Times With Leon Live!

New activity - "Singing with Leon Live!" is a big hit. Join us every other Tuesday at 10:30 a.m. in the Oval Room.

George O'Bryan & Maricela

Leon singing to the crowd.

Jackie & Dana

Let the Good Times Roll....Mardi Gras Parade at the Gardens!!

The ladies enjoying St. Patrick's Day craft time.

Illustratus
www.illustratus.com
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