



# ARCADIA GARDENS

## RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

### Arcadia Gardens Staff

Julie Chirikian ..... Chief Executive Officer  
David Chirikian ..... Chief Operations Officer  
Pat Redner ..... Executive Director  
Valentina Ashjian ..... Business Director  
Nune Hasratyan ..... Wellness Director  
Anna Guglielmi ..... Community Care Director  
Nathan Rojas ..... Culinary Service Director  
Sheila Kinney ..... Activity Director/Editor  
Rick Stubbs ..... Activity Director/Arts/Music  
Hiaira Miranda ..... Activity Director/Operations  
Maria Warren ..... MC Activity Director  
Heidi Fimbres ..... Marketing Director  
Cinthia Navas ..... Director of Housekeeping

[www.arcadiagardensretirement.com](http://www.arcadiagardensretirement.com)



**WELCOME HOME!**

### Contact Numbers

Main Office ..... (626) 574-8571  
Fax Number ..... (626) 574-2094  
Memory Lane Care ..... (626) 574-1500  
Beauty Shop ..... (626) 574-0469

### June 2019



### Happy Father's Day, Dads!

Every June, families everywhere set aside a day to honor fathers. A father is more than just a family's patriarch; he is a source of wisdom and strength for everyone in his home. We'll be hosting a celebration to say thank you to all our dads who've raised generations. We will have a feast fit for a king prepared by Chef Nathan Rojas and his staff, and wonderful musical entertainment.

Julie and David Chirikian and the entire staff here at Arcadia Gardens Retirement Hotel would like to wish all the dads a "Happy Father's Day."





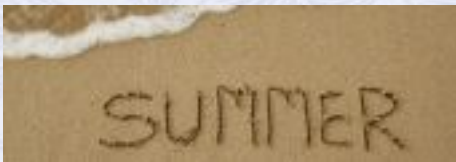


### RESIDENT BIRTHDAYS

6/1	Grace Cascone
6/1	Susan Wheatley
6/1	Martha Sorenson
6/8	Ernesto Bravo
6/10	Betty Paulsen
6/12	Mary Gourdikian
6/15	Ann Hoon
6/22	Bill Menegatti
6/25	Darleen McCormick
6/27	Stephen Darrow
6/29	Marvelyne Bailer
6/29	Emilia Levario

### EMPLOYEE BIRTHDAYS

6/2	Pat Redner
6/3	Lisa Fabbri
6/5	Sheila Kinney
6/9	Maricela Mendez
6/10	Edwin Eugenio
6/17	Maria Paniagua
6/22	Acasio Moreno
6/22	Sonia Demirjian



### From the Desk of the Executive Director



#### Summer Days Ahead

"Summertime is always the best of what might be." —Charles Bowden

June marks the beginning of summer, but that's not all it's known for. We start off summer with honoring all the dads on Father's Day. We will have our luncheon on Sunday June 16th here at the Gardens. Summer is also a time to get out, take in the fresh air. Take a stroll around our community. The grounds are so beautiful and well taken care of.

We have our summer concert series to look forward to. Baseball is in full swing and we have long sunny days ahead. We are overjoyed whenever new residents move into the community and this month is no different. So let's all reach out with a summer sunny disposition, a hearty handshake or smile and WELCOME our new residents.

With God's blessings,  
Pat Redner- Executive Director



### ARCADIA GARDENS TRANSPORTATION

Got somewhere to go?  
Come and sign up with our helpful Concierge for your transportation needs.  
Our two friendly drivers,  
**ROBERT LIKADINATA**

&

**WILLIAM LAZO**

are here to make sure you get where and when you need to be.

*Please make sure you book your day and time 24 hours in advance.*

**Thank You!**

**Drivers Available**

**MONDAY -FRIDAY**

**7:00 am - 4:00 pm**

**SUNDAY**

**8:00 am - 10:30 pm**



### CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.





## Some of Our Favorite Easter Bunnies!



Desiree and Paulina table hopping



Briana Serving Up Some Easter Spirit with a Smile

## An Adorable Couple!



Lia and Moses - Married 60 years!



**RUSS SIMSARIAN**  
Resident Council President

**RESIDENT COUNCIL MEETING**  
**is for ALL residents**  
**and is a forum to**  
**voice your opinions, questions and**  
**comments.**  
**Next Meeting**  
**THURSDAY, June 13th**  
**3:15 pm, Oval Room**

**Welcome**  
**New Residents**

Enrique Arriola  
Guiseppe Costantino  
Charles Cramer  
Jack Fahey  
Barbara Flagor  
Gisela Jorgensen  
Carol Miller  
Goorgen Panossian

## Memorial Day - Honoring Our Fallen



Our Heartfelt Thanks to Those Who Gave  
Their Lives so that We Might Be Free

## Seen Attending Our Mother's Day Celebration --- Mom and a Future Mom!



Ruth Alpert's Granddaughter-In-Law -  
Marya - and Great-Granddaughter -  
Camille



The Activities Team: Sheila, Rick & Hiara!



## WordPlay - Meets Fridays in the Oval Room 3:30



Mexican Day of Celebration



He invented calculus and discovered the laws of motion. (The animal is a Gnu.)



Busted in the act



The 3 Musketeers' Motto



**NATHAN ROJAS,  
CULINARY SERVICE DIRECTOR**

### ARCADIA GARDENS FINE DINING

#### Breakfast

8:00 am - 9:00 am

#### Lunch

12:00 pm - 1:00 pm

#### Dinner

5:00 pm - 6:00 pm

### Celebrating Father's Day

A delicious lunch will be served on Sunday, June 16th at 12:30 pm in the Dining Room along with some great entertainment!



### A Big Thanks

Thank you to all the departments working together to make our Mother's Day Luncheon a Big Success! From

Dietary/kitchen to Maintenance, Nursing, Caregivers, Administration, Housekeeping & Activities. Planning events takes a lot of cooperation and  
**Cont'd in next column**

## Memory Care Neighborhood



The month of May in Memory Lane was filled with Love, Joy, Laughs, fun-filled cooking activities, projects and more. We celebrated our Mothers with spa time & a tea social out in our garden. We look forward to a fantastic June filled with mystery tours, garden days, crafting to fun music, spa days and sing-alongs.

~ Maria Warren



### Cont'd. From Column 2

TEAMWORK is what it is all about.

Thank you!

Sheila Kinney - Activities Director



## Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local Churches

**Church Fellowship**

9:30 am or 3:30 pm alternating Sundays

(see calendar for times)



Pastor Al Chai

## BINGO SCHEDULE



Monday - Friday, 1:30 p.m.  
Sunday, 2 p.m. (No Saturdays)  
*Bingo Prize Party - Last Friday of the month, 1:30 p.m.*



**BOOM! Workout**

## EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am, Mon. - Sat.

Monday/Wednesday

Tai Chi

Tuesdays

Workout Fun-Video

THURSDAY

9:30

Rock 'n Roll Workout w/Sheila

2:15 p.m

Balance & Fall Prevention Class

Friday

Boom Fitness

Saturday

Stay Fit For Life



## Music Programs

Our music program is sure to make you move and hearken back to all those great memories from your life.

Monday

3:15 pm

Gil Gunderson on Piano O/R

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced

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## Cinco De Mayo



Our Servers having some fun on Cinco de Mayo!



Chiyo & John know how to party! Ole'



## WE LOVE OUR NURSES - Nurses Week May 6 -12



## OUT & ABOUT

We enjoyed ourselves at Du Par's & The Original Farmers' Market



## New Activities!!

### KARAOKE GROUP FUN

Join us for your favorite Songs  
Sing along with others in the  
GAME ROOM

Wed. June 5

3:15pm



## Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on [www.Facebook.com](http://www.Facebook.com).





## A Beautiful Mother's Day



Julie & David Chirikian host a wonderful Mother's Day Luncheon.



Betty S. & family



## Arcadia Gardens Style



Robert tends to the bar.



Mary G. & family



Beautiful carvings by Hiara



## Elegance & Good Times



Jordan Preston performed for our residents & got them on their feet!



Rockin' & Rollin'



A delicious array of food at the buffet





Julie & David with Dietary staff & Entertainer Jordan Preston



Mariachi Los Gallitos did a great job on Cinco de Mayo.