



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
David Chirikian Chief Operations Officer
Pat Redner Executive Director
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Nathan Rojas Culinary Service Director
Sheila Kinney Activity Director/Editor
Rick Stubbs Activity Director/Arts/Music
Hiaira Miranda Activity Director/Operations
Maria Warren MC Activity Director
Heidi Fimbres Marketing Director
Maria Bratton Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

Main Office (626) 574-8571
Fax Number (626) 574-2094
Memory Lane Care (626) 574-1500
Beauty Shop (626) 574-0469

August 2019



Dog Days of Summer

The term "dog days" was first used by the ancient Romans to refer to late July and early August. That is when Sirius, the "dog star," would rise and set in conjunction with the sun. The Romans believed the star added to the heat produced by the sun.

Whether you are gazing at the stars or relaxing with a glass of iced tea, summer is in full swing and actually in some places winding down. Here in sunny California we will have the heat for a few more months. So while you are enjoying the lazy days of summer be sure to **HYDRATE** and participate in a nice relaxing activity. We will still be having our outdoor concerts in the early evenings and we hope to see you outside by the pool for a great time.

All of us at Arcadia Gardens wish you an enjoyable end of the summer season. And if you are out and about remember that sunscreen!



RESIDENT BIRTHDAYS

8/1	Ruth Alpert
8/3	Patzy Plumlee
8/4	Michael Durando
8/4	Louis Hooper
8/5	Elaine Vilven
8/8	Claudia Bertero
8/13	Miriam Knight
8/14	Helem Lum
8/14	Duane Leonhard
8/15	Dorothy Vargo
8/16	Christine Lutgen
8/16	Joe Rosati
8/19	Teresita Lo
8/19	Robert Pitzer
8/21	Carolyn Brookins
8/24	Joan Cee
8/25	Harley Hart
8/26	Margaret Carnahan
8/27	Georgia Dekens

EMPLOYEE BIRTHDAYS

8/1	Miah Aymand
8/3	Ligia Katchaturyan
8/7	Jonathan Hernandez
8/14	Kevin Rodriguez
8/15	Edgar Martinez
8/17	Ping Dong
8/17	Rodrigo Soriano
8/17	Elsy Patronilo
8/18	Julianna Mendez
8/22	Yessenia Acosta
8/25	Marlene Mendez
8/26	Johanna Haugen
8/26	Fransisco Estrada
8/28	Maral Mardirossian

From the Desk of the Executive Director



Greetings From the Executive Director

We hope you have been having a splendid summer. It has definitely warmed up hasn't it? As they say, welcome to the "dog days of summer!" We have plenty of "cool" activities planned this month, so make plans to dive right in and join us for some fun times. If you have any suggestions, comments or questions, please stop by my office. My door is always open, and I enjoy chatting with each and every one of you! We will be having plenty of summer concerts & a "Lemonade Social Happy Hour". We hope to see you out in the community making new acquaintances. Remember to welcome our new residents with a friendly smile.

With God's blessings,
Pat Redner- Executive Director



ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs. Our two friendly drivers,

ROBERT LIKADINATA

&

WILLIAM LAZO

are here to make sure you get where and when you need to be.

Please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available
MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



Marvelyne Bailer Turns 103!



Still sharp, active, smiling and ...

Congratulations From All of Us at Arcadia Gardens!



... Adorable!



RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is for ALL residents
and is a forum to
voice your opinions, questions and
comments.
Next Meeting
THURSDAY, Aug. 8th
3:15 pm, Oval Room

Welcome

Winner! 4th of July Door Decoration.



"Hats Off to the 4th of July!" - Kay Obler

A "Sandy Craft Parfait"



New Residents

Wayne Alexander
Gene Alexander
Richard Kemp
Christine Lutgen
Marie Vosgueritchian
George Walker
Ah-Zau Wei
Mildred Werner



WordPlay - Meets Fridays in the Oval Room 3:30



Two US States between PA and IL



A Southern State. (Count the "SE's").



Means to stop something before it starts to grow. Note: one word is "IN" another.



A State famous for its potatoes



**NATHAN ROJAS,
CULINARY SERVICE DIRECTOR**

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm

What Puts the "Happy" In "Happy Hour?"



Savory BBQ Drumsticks!

Takes the Cake!



A Refreshing Citrus Birthday Cake!

Memory Care Neighborhood

The month of July in Memory Lane was filled with Patriotic crafts, motivational readings, amazing Mystery Tours, cooking crafts, Karaoke time and morning exercises to set the tone for an amazing day. Our sing-alongs & instrumental fun always make our Residents smile. Johnny Cash, Frank Sinatra & oldies are favorites to move & groove to. As much as we enjoy fun we also have much needed quiet time to unwind and relax. We look forward to making more memories in August. We are keeping cool in Memory Lane as we are staying hydrated with cool refreshments in our garden or piano room. Reminiscing & conversing are great as we all maintain strong relationships here in Memory Lane. Please check our calendar for upcoming mystery tours.

Activities, Maria Warren



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

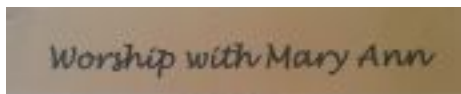
Transportation to local Churches

Church Fellowship

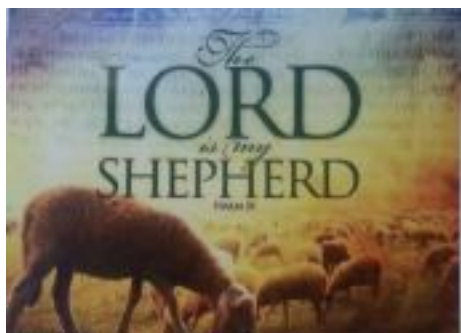
9:30 am or 3:30 pm alternating

Sundays

(see calendar for times)



*Worship service with Mary Ann
Sundays at 3:30 p.m. Oval Room*



BINGO SCHEDULE



Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)
*Bingo Prize Party - Last Friday of
the month, 1:30 p.m.*



BOOM! Workout

EXERCISE CLASSES

Come and join us in staying fit
and healthy with our daily
classes in OVAL ROOM

9:30 am, Mon. - Sat.

Monday/Wednesday

Tai Chi

Tuesdays

Workout Fun-Video

THURSDAY

9:30

Rock 'n Roll Workout w/Sheila

2:15 p.m

Balance & Fall Prevention Class

Friday

Boom Fitness

Saturday

Stay Fit For Life



Music Programs

Our music program is sure to
make you move and hearken
back to all those great
memories from your life.

Monday

3:15 pm

Gil Gunderson on Piano O/R

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced

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Father's Day



With Mellow Bobby John



Out & About



Great Fun on our outing to Long Beach, Tequila Jacks!



Look who's on the most wanted list - Pauline!!!



A quick pose before lunch at the Cantina.

More Fun at Shoreline Village, Long Beach



Spur of the moment shopping on the wharf



Rainbow Village at Shoreline Drive...a very nice day out!

"Summer is the annual permission slip to be lazy. To do nothing and have it count for something. To lie in the grass and count the stars. To sit on a branch and study the clouds."
—Regina Brett



Crafting Time



Sand art - Very Fun!



Some of our Crafty Ladies. All are welcome. Watch for sign up sheets.

Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



Fourth of July!



The Fourth was full of lots of color that's for sure!



Margaret & Barbara Celebrate.



Festive as usual, Dr. & Mrs. Mills.

Summer Concert Series! Wednesdays 6:30 Poolside



July 17 - Folklorico de Sally Saavedra.
20 + young people dancing authentic Spanish ballet in dazzling hand-made costumes.



July 31 - The Second String Orchestra.
Virtuoso violinist Roberta Wilcox conducts her fabulous 35-piece student orchestra in classical and popular favorites.



August 7 - Francesca Sola sings popular standards and arias with the heavenly voice of an angel.

But Wait ... There's MORE!



August 21 - Two for the Show serves up a fun and rollicking show full of humor, dance and multi-instrumental razzamatazz!



August 28 - The Eric Ekstrand Ensemble. Eric's thundering, full 10-piece Big Band roars through the best music of the swing era.



September 4 - Tatjana's One Woman Show. This lithe and fiery lady of the theater sends her dramatic singing and dancing talents straight into your soul.



With Her Electrifying One Woman Show, Tatjana Will Wrap Up Our Best Ever Summer Concert Series!



A delicious lunch at Tequila Jack's Cantina in Long Beach at Shoreline Village!