

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2019

Arcadia Gardens Retirement Hotel - Memory Lane

November 2019 Arcadia Gardens Retirement Hotel - Memory Lane										Favorite Character Friday Popcorn & a CLASSIC Movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden		1 2 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations	
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time Daylight Saving Time Ends		3 4 10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage		5 6 10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun		9:30 Exercise 10:30 Gentle Tai Chi 1:00 Cookie Decorating & Group Singing 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie		7 8 9:30 Exercise 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie		Wear Sunny Yellow Friday/ Nature Autumn Time in Garden 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Gardening		9 10 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations	
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time		10 11 10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage Veterans Day (US) Remembrance Day (Canada)		12 13 10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 4:00 Chair Basketball Fun		9:30 Exercise 10:00 Gratitude Readings 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie		14 15 9:30 Exercise 10:00 Thanksgiving Colorings 11:30 Autumn Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie		Favorite Character Friday Popcorn & a COMEDY Movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden		16 17 9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations	
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