

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

Arcadia Gardens ~ Memory Lane

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|--|---|--|--|---|---|--|
| <p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun</p> | <p>HAPPY New Years ~ 2020 9:30 Exercise 10:30 Gentle Tai Chi 1:00 Gratitude Circle 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie</p> <p>New Year's Day</p> | <p>9:30 Exercise 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie</p> | <p>Favorite Character Friday Popcorn & a CLASSIC Movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden</p> | <p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p> |
| <p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun</p> | <p>9:30 Exercise 10:00 Gratitude Readings 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie</p> | <p>9:30 Exercise 10:00 Winterland Colorings 11:30 Christmas Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie</p> | <p>Wear Sunny Yellow Friday/ Nature Autumn Time in Garden 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Gardening</p> | <p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p> |
| <p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 4:00 Chair Basketball Fun</p> | <p>9:30 Exercise 10:00 Gratitude Readings 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie</p> | <p>9:30 Exercise 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie</p> | <p>Favorite Character Friday Popcorn & a COMEDY Movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden</p> | <p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p> |
| <p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Piano Solo with Judy 2:30 Marble Art 3:00 In the News 6:00 Movie Time</p> <p>Activity Professionals Week</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage</p> <p>Martin Luther King Day</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun</p> | <p>9:30 Exercise 10:00 Gratitude Readings 10:30 Mystery Tour 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie</p> | <p>9:30 Exercise 10:00 Winterland Colorings 11:30 Christmas Crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie</p> | <p>Favorite Character Friday Popcorn & a CLASSIC Movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden</p> | <p>9:30 Bowling 10:00 Arcadia Daily Chronicle 10:30 Accordion with Helen 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations</p> <p>Chinese New Year</p> |
| <p>9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 1:30 Piano with Mary 2:30 Comfort Food 3:00 School Days Talk 6:00 Gentle Hand Massage</p> <p>Australia Day (observed)</p> | <p>10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun</p> | <p>9:30 Exercise 10:30 Gentle Tai Chi 1:00 Cookie Decorating & Group Singing 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie</p> | <p>9:30 Exercise 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie</p> | <p>Favorite Character Friday Popcorn & a Disney Movie 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden</p> | |