



ARCADIA GARDENS RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
 David Chirikian Chief Operations Officer
 Pat Redner Executive Director
 Valentina Ashjian Business Director
 Nune Hasratyan Wellness Director
 Anna Guglielmi Community Care Director
 Nathan Rojas Culinary Service Director
 Sheila Kinney Activity Director/Editor
 Rick Stubbs Activity Director/Arts/Music
 Hiaira Miranda Activity Director/Operations
 Maria Warren MC Activity Director
 Heidi Fimbres Marketing Director
 Ramona Campos Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

Main Office (626) 574-8571
 Fax Number (626) 574-2094
 Memory Lane Care (626) 574-1500
 Beauty Shop (626) 574-0469

March 2020



An Irish Wish

“May your thoughts be as glad as the shamrocks. May your heart be as light as a song. May each day bring you bright, happy hours that stay with you all the year long.” —Irish saying

Spring Is Coming

Don't let the bare trees and brown lawns get you down—spring is on its way! Our groundskeepers are hard at work, and in just a few weeks you'll be surrounded by green grass, budding leaves and blooming flowers. If there's anything we can do to make your home more beautiful, please let us know.

We always have your best interest in mind.

Happy Spring from all of us here at Arcadia Gardens.



RESIDENT BIRTHDAYS

- 3/1 Pan Kao
 3/2 Stella Quinones
 3/3 Rebecca Sullivan
 3/5 Lloyd Isaacson
 3/5 Gloria De Santos
 3/13 Tommy Lam
 3/19 Jose Salazar
 3/23 Gerri Bruno
 3/28 Bob Kotob

EMPLOYEE BIRTHDAYS

- 3/1 Crystal Young
 3/4 Peeyoonah Sinani
 3/9 Juanita Pena
 3/15 Angelica Molina
 3/21 Liza Maradian
 3/22 Sandra Palacios
 3/24 Christina Corona
 3/24 Maricela Hernandez
 3/25 Juana Rosales
 3/28 Alvaro Meddina



"Won't You be my Neighbor Day"

Friday, Mar. 20

3:30 pm- Oval Room

Mr. Rogers' Birthday

Stop by and be NEIGHBORLY!



From the Desk of the Executive Director



Spring Is on the Way

March 19 marks the first day of spring and the vernal equinox, when the hours of daylight and darkness are nearly equal. It is also time this month for the WEARING OF THE GREEN.

If you wear green this month to celebrate St. Patrick's Day, you may find yourself more relaxed. Green symbolizes nature, and many people find the color has a calming effect.

This month of March brings us the very beginnings of spring. We will be having daylight saving once again, and the grounds here will be blooming with all sorts of beautiful flowers. We hope you take on the attitude of spring. Get out and have a breath of fresh air. Say "Hello" to a neighbor. We wish you all the best at this transformative time of the year.

*With God's blessings,
 Pat Redner- Executive Director*



ARCADIA GARDENS TRANSPORTATION

Got somewhere to go?
 Come and sign up with our helpful Concierge for your transportation needs. Our two friendly drivers, **ROBERT LIKADINATA**

&

WILLY LAZO,

are here to make sure you get where and when you need to be. *Please make sure you book your day and time 24 hours in advance.*

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



Happy St. Patrick's Day From Activities!



Leprechaun Dave says, "Erin Go Braugh!"



RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is for **ALL residents**
and is a forum to
voice your opinions, questions and
comments.
Next Meeting
THURSDAY, Mar. 12th
3:15 pm, Oval Room

Artful Residents



"Honey Run Covered Bridge" Kay Obler



"Red Rider" Marvelyne Bailor



Brooch Heart Love Craft

My New BRAIN Has Arrived!



It's *Amazing* what you can buy on the internet these days!

Welcome New Residents

- William Bergan
- Celia Chang
- Oscar Manrique
- Mae Puterbaugh
- Hseih Hung Van

Daylight Saving Begins on Sunday, March 8

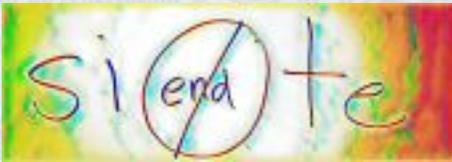
Turn your clock forward on
Saturday Night
before bedtime!!
(Spring Forward)



WordPlay - Meets Fridays in the Oval Room 3:30



Floats and ropes cattle?



Feels like it will never be over.



Winning or losing chances are the same.



A song about feeling amorous.



When something is debatable.



When you have to start over from scratch.



**NATHAN ROJAS,
CULINARY SERVICE DIRECTOR**

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm



Let's Celebrate St. Patrick's Day & March Birthdays!

We will celebrate both St. Patty's and the March birthdays with a delicious *Corned beef and cabbage dinner* and some Irish fanfare & music!!
Tues., March 17th
5:00 p.m.
Dining Room
Wear your Lucky Green!!

Memory Care Neighborhood

The month of February in Memory Lane was a month filled with laughter, love and joy. Our Residents enjoyed early morning chair exercises while moving and grooving to some '50s favorite classic songs. We can never go a day without Karaoke hour as it seems to be a big hit. While singing and enjoying our favorite songs we also create beautiful music with our instruments. Thank you to those who participated in our Valentine's Day party allowing for another year of countless memories. Our amazing piano player, Mary Cronin did a wonderful job playing love songs & show tunes. We look forward to the wonderful month of March.

*Maria Warren,
Memory Lane Director*



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local Churches

Church Fellowship

9:30 am or 3:30 pm alternating Sundays

(see calendar for times)

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am, Mon. - Thurs. & Sat.

BOOM 10:00 am. Fridays

Monday/Wednesday

Tai Chi

Tuesdays

Stretch Class with Instructor

THURSDAY

Rock 'n Roll Workout w/Sheila

2:15 p.m

Balance & Fall Prevention Class

Friday

Boom Fitness

Saturday

Stay Fit For Life



BOOM! Workout

BINGO SCHEDULE



Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)
Bingo Prize Party - Last Friday of the month, 1:30 p.m.



Luck Be a Lady Tonight!



It's BINGO TIME!!!

Music Programs

Our music program is sure to make you move and hearken back to all those great memories from your life.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



Robin & Norm

We Had a BALL at Super Bowl!

Chicken Wings & Good Times on Super Bowl Sunday



Our Friend Helen Was Back in Great Form!!



Let the Creativity Flow - Craft Time



Delicious Lunch at Annia's Kitchen at the El Monte Airport



Mercedes and the airplanes...Where shall we go?



A time to get to know fellow residents...Denise & Virginia



I'm ready for my close up. Ida with Frankie, Ol' Blue Eyes & John!

Academy Awards Festivities

Friend Us on Facebook
Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



High Tea at the Gardens



The ladies had a great time. A few gents popped in as well!



We hope you enjoyed yourself! Hiaira & Sheila



A Big "THANKS" to Nathan & the dietary staff



Hats galore....tea time!

A Lovely Afternoon



Dressed for the occasion...Stella is looking fabulous!

Valentine's Day 2020





High Tea at The Gardens! A Lovely Time was had by all!

Ditch those winter doldrums—

SPRING IS ON THE WAY!

As the weather warms, we're looking forward to seeing you enjoying all the amenities our community has to offer.

Thanks for making your home with us!

