



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

- Julie Chirikian Chief Executive Officer
- David Chirikian Chief Operations Officer
- Pat Redner Executive Director
- Valentina Ashjian Business Director
- Nune Hasratyan Wellness Director
- Nathan Rojas Culinary Service Director
- Sheila Kinney Activity Director/Editor
- Rick Stubbs Activity Director/Arts/Music
- Hiaira Miranda Activity Director/Operations
- Heidi Fimbres Marketing Director
- Ramona Campos Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

- Main Office (626) 574-8571
- Fax Number (626) 574-2094
- Memory Lane Care (626) 574-1500
- Beauty Shop (626) 574-0469

July 2020



A National Celebration

More than any other holiday, Independence Day unifies our country. Citizens put aside their differences and remember our many reasons for national pride.

“From sea to shining sea,” our abundant natural resources support and inspire us. Our diverse populations are the source of our collective strength. Our freedoms and ideals are an inspiration for people around the globe. This Independence Day, we hope that you will experience the full meaning of this special event. Julie & David Chirikian, along with the staff here at Arcadia Gardens, would like to wish you a safe, happy holiday!





RESIDENT BIRTHDAYS

7/2	Terry, Pauline
7/10	Rizuto, Patricia
7/13	Putterbaugh, Mae
7/14	Minn, Kwansik
7/16	Harshberger, Margie
7/17	Johnson, Paul
7/21	Katz, Moses
7/26	Scheffler, Matsuko
7/27	Reyes, Leilani
7/27	Napolitana, Sylvia

EMPLOYEE BIRTHDAYS

7/1	Lopez, Dinora
7/6	Banuelos, Yulissa
7/7	Camacho, Elizabeth
7/8	Montellano, Adriana
7/8	Moreno, Vianey
7/12	Figueroa, Natalie
7/17	Lazo, Wilberto
7/18	Salazar, Karina
7/18	Soto, Angela
7/21	Zepada, Maria
7/21	Ludwig, Yumi
7/24	Ramos, Dora
7/25	Maldonado, Manuela
7/25	Olmedo, Liza
7/27	Asad, Julie
7/28	Peralta, Liborio
7/28	Cabanas, Amalia
7/29	Garcia, Hector
7/31	Campos, Ramona
7/31	Lopez, Daniel
7/31	Roman, Karen

**Birthday Celebration, 3rd
Thursday of the Month!**

From the Desk of the Executive Director



July by the Numbers

1870. Year the Fourth of July became a national holiday, nearly 100 years after the signing of the Declaration of Independence.

20 billion. Estimated number of hot dogs consumed by Americans every year. July is National Hot Dog Month.

#1. You! You are our top priority. It is a new season, summer is upon us and if there is anything you need please don't hesitate to let us know how we can be of help. This is your home and we want it to feel that way!

Also, during this very warm JULY, make sure to stay HYDRATED. It truly is of the utmost importance for your *health & well-being!*

*With God's blessings,
Pat Redner - Executive Director*



ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs.

Our two friendly drivers,
ROBERT LIKADINATA

&

WILLY LAZO,

are here to make sure you get where and when you need to be.

Please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



Art Parodies for Our Time



Diego Rivera stocks up?



Latest version of the tidy collar?



Kahlo cleans up?



Some things never change ...



RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is for ALL residents
and is a forum to
voice your opinions, questions and
comments.
Next Meeting
Providing we are able to meet, due to
coronavirus restrictions,
Thursday, July 9th
3:15 pm, Oval Room.



"Jazz Trio" - Richard Stubbs 1993



Brainercise	... <i>Activities will "Stretch" in Skill... with your fun - Bob, Stella</i>
Word Play:	Explore the Wonderful World of Words and Language: Puzzles, Cligrams, Patterns, Riddles, Rhyme, Homers, Poetry and Word Games 1:30 p.m. - Oval Room
Our "What WAS - Still IS!" Band	Guest Performer and Performer With Our "If" Band: Band, Singers, Players and Spectators Welcome. Saturdays 1:30 p.m. - Oval Room
Science News	Enter Into the Exciting Explorations of Scientific Discovery and Discoveries: Nature Photography. Alternates Thursdays 4:30 p.m. - Oval Room
Comedy Night News	"Laughter is the Best Medicine." "Don't Cope and "Get Well" the Fun Way with Old Movies Thursdays - 6:30 p.m. - Oval Room
Into the Music	Experience and Gain New Insights Into the World's Most Beautiful and Inspiring Music. Alternates Thursdays 6:30 p.m. - Oval Room
Internet Surfari	Explore the Amazing World Wide Web on the Big Screen TV. Thursdays - 7:30 p.m. - Oval Room. Bring a guest too.
Twilight Center	Cheer, Cheer, Cheer! Favorites, Games, Movies, Compliments and Games. Fridays 8:30 p.m. - Oval Room
for Art's Sake	Great Compliments and Compliments Projects Stop By! Stop Alternates Thursdays 8:30 p.m. - Oval Room
Sing-a-Long	Great All Stars Favorites Children's Favorites, Songs 10:30 a.m. - Oval Room
Crossword Puzzles ...	As a group on the Big screen. T.T. Saturdays - 1:30 p.m. - Oval Room
Canvas Creations	Great Compliments and Compliments Stop By! Stop on Great. Fridays 8:30 p.m. - Oval Room
History - HERstory - YOU History -	Great Storytelling, Fun Facts, Stories, Discoveries and Compliments. Tuesdays 8:30 p.m. - Oval Room
Reminiscence	A Great Place to Talk About Your Life Experiences and Get to Know the Fascinating People in Our Community. 1 st Fridays 1:30 p.m. - Oval Room

Welcome New Residents

Frederick Williams
Jerome Janoff
Catherine Dach
Laiching Hwee
And a
Welcome BACK to
Helen & Henry Lum



**WordPlay Friday,
O/R 3:30**



Something almost impossible to find



Same as above



You can take 'em but you can't make 'em



Where the Bush family comes from



You can go as high as you want



**NATHAN ROJAS,
CULINARY SERVICE DIRECTOR**

**ARCADIA GARDENS
FINE DINING**

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm



Happy Fourth of July!

**We Will Have a Fun
Red, White & Blue
Lunch on the Fourth!
Nathan & Crew Will Be
Serving Up Something
DELICIOUS!**



**Memory Care
Neighborhood**



The Alzheimer's Association is the leading voluntary health organization providing support to families facing Alzheimer's and funding research that will get us closer to a cure.

For more information, visit
www.ALZ.org.



Things in Memory Lane are buzzing along. We are keeping our residents safe and healthy, while we are still doing activities and more.



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local churches

Church Fellowship

9:30 am alternating Sundays

3:30 pm w/ Mary Ann

(see calendar)



Hope

“And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.”

—Ephesians 4:32



BINGO SCHEDULE



Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)
Bingo Prize Party - Last Friday of the month, 1:30 p.m.



BOOM! Workout

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am, Mon. - Thurs. & Sat.

BOOM 10:00 am. Fridays

Monday/Wednesday

Tai Chi

Tuesdays

Stretch Class with Instructor

THURSDAY

Rock 'n Roll Workout w/Sheila

2:15 p.m

Balance & Fall Prevention Class

Friday

Boom Fitness

Saturday

Stay Fit For Life



Music Programs

Our music program is sure to make you move and harken back to all those great memories from your life.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n' Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



Games, Games, Games



7, 11, or doubles....That's what Nvair is shootin' for!



We are also getting pretty good at Tic, Tac, Toe!

Show N' Tell



Kirsten shares a map of favorite ski runs and her pins on her cap during show n' tell.

We Hope That in the Coming Months We Will Be Able to Have Some of Your Favorite Entertainers Back on the Scene!



Jordan Preston, Along With Others, Will Hopefully Be Returning Soon!

Happy Faces at Arcadia Gardens



Rodrigo, Matsuko "Cookie," and Liz.



Friend Us on Facebook
Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



Virginia shares her statue of Ellis Island and The Statue of Liberty at show n' tell. She can trace her relatives back to the purchase of Ellis Island.



Keeping a GREAT Attitude!!



Bob sure has the right attitude...Just Keep Moving!



Folks are still celebrating....Betty celebrates her birthday out by the pool!



Another birthday delivery for someone special.

Thank You to Little Caesars!

Little Caesars sent 20 pizzas for our employees for being on the "front lines" during the COVID-19 pandemic. We surely appreciated it!

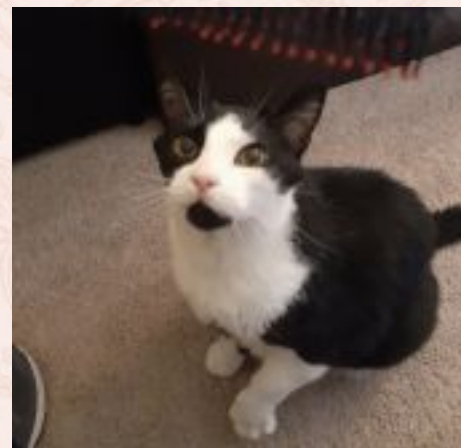


Little Caesars in Temple City Provided Our Pizzas....Thank You!

Crickets Can Tell You the Temperature

You could call them nature's thermometers. Listening to the chirps of crickets can give you a rough estimate of the outside temperature. The Old Farmer's Almanac provides this formula: Count the number of chirps in 14 seconds, then add 40 to that number. For example, if you hear 30 chirps, add 40, which would be 70 degrees.

Speaking of Animals!! Look at These Two Cuties!



Here is BANDIT. He is a sweetie and a pistol to boot! He belongs to Gerri B.



This is PEANUT! What a cutie pie and look at those eyes. He belongs to Ruth A.



Staying active is important (socially distant). It's good for the body and soul!

