ARCADIA GARDENS
RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian	Chief Executive Officer
David Chirikian	Chief Operations Officer
Pat Redner	Executive Director
Valentina Ashjian	Business Director
Nune Hasratyan	Wellness Director
Nathan Rojas	Culinary Service Director
Sheila Kinney	Activity Director/Editor
Rick Stubbs	Activity Director/Arts/Music
Hiaira Miranda	Activity Director/Operations
Heidi Fimbres	Marketing Director
Ramona Campos	Director of Housekeeping

www.arcadiagardensretirement.com

WELCOME HOME!

Contact Numbers

Main Office	(626) 574-8571
Fax Number	(626) 574-2094
Memory Lane Care	(626) 574-1500
Beauty Shop	(626) 574-0469

July 2020

A National Celebration

More than any other holiday, Independence Day unifies our country. Citizens put aside their differences and remember our many reasons for national pride. "From sea to shining sea," our abundant natural resources support and inspire us. Our diverse populations are the source of our collective strength. Our freedoms and ideals are an inspiration for people around the globe. This Independence Day, we hope that you will experience the full meaning of this special event. Julie & David Chirikian, along with the staff here at Arcadia Gardens, would like to wish you a safe, happy holiday!

RESIDENT BIRTHDAYS

7/2 Terry, Pauline
7/10 Rizuto, Patricia
7/13 Putterbaugh, Mae
7/14 Minn, Kwansik
7/16 Harshberger, Margie
7/17 Johnson, Paul
7/21 Katz, Moses
7/26 Scheffler, Matsuko
7/27 Reyes, Leilani
7/27 Napolitana, Sylvia

EMPLOYEE BIRTHDAYS

7/1 Lopez, Dinora
7/6 Banuelos, Yulissa
7/7 Camacho, Elizabeth
7/8 Montellano, Adriana
7/8 Moreno, Vianey
7/12 Figueroa, Natalie
7/17 Lazo, Wilberto
7/18 Salazar, Karina
7/18 Soto, Angela
7/21 Zepada, Maria
7/21 Ludwig, Yumi
7/24 Ramos, Dora
7/25 Maldonado, Manuela
7/25 Olmedo, Liza
7/27 Asad, Julie
7/28 Peralta, Liborio
7/28 Cabanas, Amalia
7/29 Garcia, Hector
7/31 Campos, Ramona
7/31 Lopez, Daniel
7/31 Roman, Karen

Birthday Celebration, 3rd Thursday of the Month!

From the Desk of the Executive Director

July by the Numbers

1870. Year the Fourth of July became a national holiday, nearly 100 years after the signing of the Declaration of Independence.

20 billion. Estimated number of hot dogs consumed by Americans every year. July is National Hot Dog Month.

#1. You! You are our top priority. It is a new season, summer is upon us and if there is anything you need please don't hesitate to let us know how we can be of help. This is your home and we want it to feel that way!

Also, during this very warm JULY, make sure to stay HYDRATED. It truly is of the utmost importance for your *health & well-being!*

With God's blessings,
Pat Redner - Executive Director

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs. Our two friendly drivers,

ROBERT LIKADINATA
&
WILLY LAZO,

are here to make sure you get where and when you need to be.

Please make sure you book your day and time 24 hours in advance.

Thank You!
Drivers Available
MONDAY -FRIDAY
7:00 am - 4:00 pm
SUNDAY
8:00 am - 10:30 pm

CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.

Art Parodies for Our Time

Diego Rivera stocks up?

Latest version of the tidy collar?

Kahlo cleans up?

Some things never change ...

"Jazz Trio" - Richard Stubbs 1993

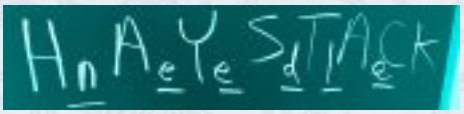
RUSS SIMSARIAN
Resident Council President

RESIDENT COUNCIL MEETING
is for ALL residents
and is a forum to
voice your opinions, questions and comments.
Next Meeting
Providing we are able to meet, due to coronavirus restrictions,
Thursday, July 9th
3:15 pm, Oval Room.

Welcome New Residents

Frederick Williams
Jerome Janoff
Catherine Dach
Laiching Hwee
And a
Welcome BACK to
Helen & Henry Lum

WordPlay Friday, O/R 3:30



Something almost impossible to find

Same as above

You can take 'em but you can't make 'em

Where the Bush family comes from

You can go as high as you want

NATHAN ROJAS,
CULINARY SERVICE DIRECTOR

ARCADIA GARDENS FINE DINING

Breakfast
8:00 am - 9:00 am
Lunch
12:00 pm - 1:00 pm
Dinner
5:00 pm - 6:00 pm

Happy Fourth of July!

We Will Have a Fun Red, White & Blue Lunch on the Fourth! Nathan & Crew Will Be Serving Up Something DELICIOUS!

Memory Care Neighborhood

The Alzheimer's Association is the leading voluntary health organization providing support to families facing Alzheimer's and funding research that will get us closer to a cure.
For more information, visit *www.ALZ.org*.

Things in Memory Lane are buzzing along. We are keeping our residents safe and healthy, while we are still doing activities and more.

Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday
9:00 am
Catholic Communion

2nd Friday of the Month
9:00 am
Catholic Mass

Saturday
10:00 am
Rosary w/ Gladys

Sunday
8:15 am
Transportation to local churches

Church Fellowship
9:30 am alternating Sundays
3:30 pm w/ Mary Ann
(see calendar)

Hope

"And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ."
—Ephesians 4:32

BINGO SCHEDULE

Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)
Bingo Prize Party - Last Friday of the month, 1:30 p.m.

***BOOM!* Workout**

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM
9:30 am, Mon. - Thurs. & Sat.
BOOM 10:00 am. Fridays

Monday/Wednesday
Tai Chi

Tuesdays
Stretch Class with Instructor

THURSDAY
Rock 'n Roll Workout w/Sheila

2:15 p.m
Balance & Fall Prevention Class

Friday
Boom Fitness

Saturday
Stay Fit For Life

Music Programs

Our music program is sure to make you move and harken back to all those great memories from your life.

Monday
3:00 pm
Robin & Norm
(2 Mondays per month)

Tuesday
10:30
Sing LIVE with Leon O/R
2:00 pm
Musical Memory O/R

Wednesday
10:30 am
Guitar 'n' Tunes w/Erik O/R

Friday
6:30 pm
Twilight Guitar w/Rick O/R

Saturday
10:30 am
Sing-Along w/Rick O/R
3:30
Our All-Resident Band
Open Rehearsal O/R

Sunday
12:45 pm D/R
Performer to be announced

Games, Games, Games

7, 11, or doubles....That's what Nvair is shootin' for!

We are also getting pretty good at Tic, Tac, Toe!

Show N' Tell

Kirsten shares a map of favorite ski runs and her pins on her cap during show n' tell.

We Hope That in the Coming Months We Will Be Able to Have Some of Your Favorite Entertainers Back on the Scene!

Jordan Preston, Along With Others, Will Hopefully Be Returning Soon!

Virginia shares her statue of Ellis Island and The Statue of Liberty at show n' tell. She can trace her relatives back to the purchase of Ellis Island.

Happy Faces at Arcadia Gardens

Rodrigo, Matsuko "Cookie," and Liz.

Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.

Keeping a GREAT Attitude!!

Bob sure has the right attitude...Just Keep Moving!

Folks are still celebrating....Betty celebrates her birthday out by the pool!

Another birthday delivery for someone special.

Thank You to Little Caesars!

Little Caesars sent 20 pizzas for our employees for being on the "front lines" during the COVID-19 pandemic. We surely appreciated it!

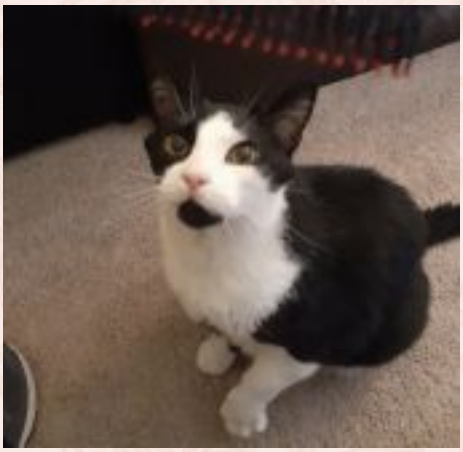
Good Neighbor

Little Caesars in Temple City Provided Our Pizzas....Thank You!

Crickets Can Tell You the Temperature

You could call them nature's thermometers. Listening to the chirps of crickets can give you a rough estimate of the outside temperature. The Old Farmer's Almanac provides this formula: Count the number of chirps in 14 seconds, then add 40 to that number. For example, if you hear 30 chirps, add 40, which would be 70 degrees.

Speaking of Animals!! Look at These Two Cuties!



Here is BANDIT. He is a sweetie and a pistol to boot! He belongs to Gerri B.

This is PEANUT! What a cutie pie and look at those eyes. He belongs to Ruth A.

Staying active is important (socially distant). It's good for the body and soul!

Illustratus
www.illustratus.com
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