



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
David Chirikian Chief Operations Officer
Pam Parsons Executive Director
Valentina Ashjian Business Director
Nune Hasratyan Wellness Director
Nathan Rojas Culinary Service Director
Sheila Kinney Activity Director/Editor
Rick Stubbs Activity Director/Arts/Music
Hiaira Miranda Activity Director/Operations
Heidi Fimbres Marketing Director
Ramona Campos Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

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Memory Lane Care (626) 574-1500
Beauty Shop (626) 574-0469

May 2021



"A mother's love for her child is like nothing else in the world."—Agatha Christie

Mother's Day is a holiday set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! Julie & David Chirikian along with the entire staff would like to wish all the moms who call our community home a very happy Mother's Day!





RESIDENT BIRTHDAYS

5/3	Jerry Anthony
5/3	Serena Yang
5/5	Irene Rumbo
5/7	Mary Rider
5/11	Doris Frost
5/25	Jean Schroeder

EMPLOYEE BIRTHDAYS

5/2	Ruth Valverde
5/9	Teresa Granados
5/15	Michelle Guillen
5/23	Julian Salazar
5/29	Alice Masihi



Fiesta on the Fifth

From Los Angeles and Phoenix to Denver and Washington, D.C., cities across the nation will put on Cinco de Mayo festivals. Commemorating Mexico's 1862 battle victory over the French, the annual May 5 salute to Mexican culture and heritage has become a popular American observance, often enjoyed with traditional food and music.

MAY Is a Busy Month!

With SPRING in full bloom, we are moving ahead into the beautiful month of May. It is a busy one indeed, with Cinco de Mayo, Mother's Day and Memorial Day all at the helm. We will be celebrating these days in the best way we can. We still have restrictions, due to the ongoing Covid pandemic. We are doing our best to keep you all safe....be patient. We are almost there!!

A Flower for Moms

Because of its beauty, hardiness and prevalence, the carnation is regarded as the official flower of Mother's Day. The holiday's founder, Anna Jarvis, chose the frilly, fragrant bloom because it was her mother's favorite flower, and 500 white carnations were handed out at the first Mother's Day observance in 1908.



Memorial Day

A day to remember the sacrifice of the country's fallen service members has been observed since the Civil War. Known as Decoration Day for a century, the holiday was renamed Memorial Day by federal law in 1967.

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs. Our two friendly drivers, ROBERT LIKADINATA

&

WILLY LAZO,

are here to make sure you get where and when you need to be. *Please make sure you book your day and time 24 hours in advance.*

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



From All of Us to You



Guess Who?



THANKS FOR THE MEMORIES
Russ Simsarian
Our former Resident Council President



Found Around



What does it say? Hope? Fiddle? ...



Kintsugi: The Japanese Art of "Repairing"
Broken Pottery with Gold - Making the
Object More Valuable than it Was Before...



Time to feed the cat?



The second of two full moons
in the same month is a ...

Resident Council

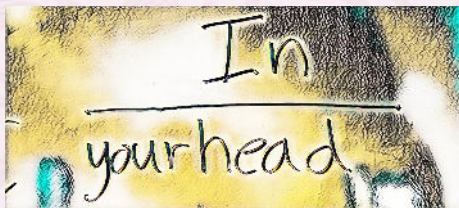
RESIDENT COUNCIL MEETING
is for ALL residents.
This is your time to discuss
things
that concern YOU!

Next Meeting
Thursday, May 13th
Dining Room
2:15 pm



Thank a Nurse
National Nurses Day is
May 6th

WordPlay 2nd & 3rd Fridays, O/R 3:30



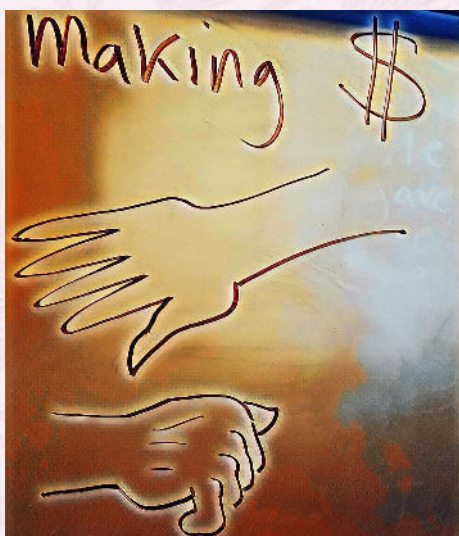
Said when you're overwhelmed



Old-fashioned term for being annoyed



Hilarious



When your business is really profiting



**NATHAN ROJAS,
CULINARY SERVICE DIRECTOR**

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm

Mother's Day Lunch

We will celebrate Mother's Day on Sunday, May 9th with a lovely lunch for all of our residents.



Cinco De Mayo

We will also celebrate Cinco de Mayo on Wednesday, May 5th at lunchtime in the Dining Room.



Memory Care Neighborhood

Springtime in Memory Lane

We have been enjoying the various holidays. We had a visit from the Easter Bunny. Now with things warming up, we will be spending more time out in the garden. Summer is on its way and we are just warming up.

Lots of stories, laughter, crafts and exercising and don't forget the music. We LOVE our music here in Memory Lane!



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local churches

Church Fellowship

9:30 am alternating Sundays

3:30 pm w/ Mary Ann

(see calendar)



Peace, Love and Understanding



BINGO SCHEDULE



Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)
Bingo Prize Party - Last Friday of the month, 1:30 p.m.



BOOM! Workout

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am, Mon. - Thurs. & Sat.

BOOM 10:00 am. Fridays

Monday/Wednesday

Tai Chi

Tuesdays

Stretch Class with Instructor

THURSDAY

Rock 'n Roll Workout w/Sheila

2:15 p.m

Balance & Fall Prevention Class

Friday

Boom Fitness

Saturday

Stay Fit For Life



Music Programs

Our music program is sure to make you move and harken back to all those great memories from your life.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n' Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



Welcome New Residents

Lena Merendino
Elizabeth Thaller
Joseph Miller
Vicky Johnson
Lou Ann Kinney
Magdy Soliman (Memory Lane)
Richard Sul



Sally getting creative.

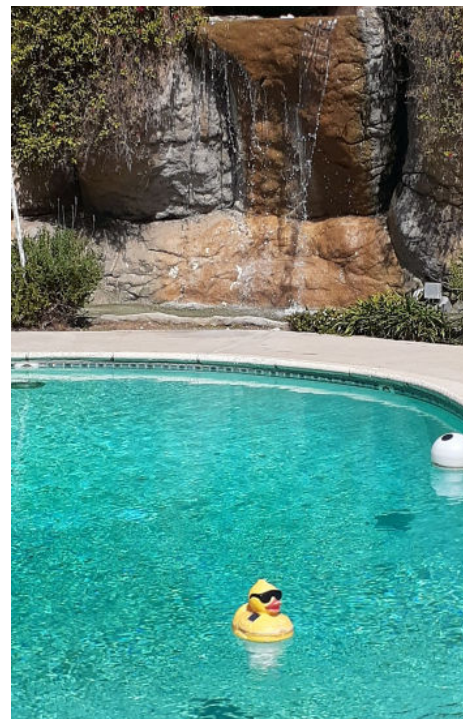


Gerri B. with her artwork

Springtime at the Gardens Is Magnificent!



The grounds look so colorful and pretty!



If this isn't a sight, I don't know what is.

Who Is This Little Fellow?

We have been highlighting some of our residents' pets.

In this case, this is a new resident's pet. This is Cody who belongs to new resident Lou Ann K. However, Sheila from Activities likes to consider him her little buddy as well!



Perhaps Cody will stop by for a visit.

Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



Spring Holidays at the Garden



Merle & Andrew wearin' the GREEN!



Rick and Graydon jammin' for St. Paddy's Day!



Dora, Susan & Julianna



Reiko & The Easter Bunny at lunchtime

The Easter Bunny Came To Visit



Well, hello there, Ms. Pauline!



Did you guess who the Easter Bunny was? Our very own Hiaira!! Hippity Hop.

Astronomical Event

If the weather cooperates, before dawn on May 26 this year, the western half of the country could get a glimpse of a total lunar eclipse, also known as a blood moon. This type of eclipse happens when the sun, Earth and moon are perfectly aligned so that the Earth casts a shadow on the moon, giving it a red tint. Lunar eclipses are safe to look at with the naked eye, and because this event is happening when the full moon is closest to the Earth, it will appear larger than normal, making it a super blood moon.



Memorial Day

Memorial Day is indeed a day to remember the fallen who have served our nation. We are so thankful to those who made the sacrifice. Memorial Day is also the unofficial Kickoff to Summer! We are ready for a fun, safe & healthy summer.





Time together crafting is time well spent.

