



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
David Chirikian Chief Operations Officer
Pam Parsons Executive Director
Valentina Ashjian Business Director
Nune Hasratyan Wellness Director
Nathan Rojas Culinary Service Director
Sheila Kinney Activity Director/Editor
Rick Stubbs Activity Director/Arts/Music
Hiaira Miranda Activity Director/Operations
Heidi Fimbres Marketing Director
Ramona Campos Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

Main Office (626) 574-8571
Fax Number (626) 574-2094
Memory Lane Care (626) 574-1500
Beauty Shop (626) 574-0469

June 2021



Happy Father's Day, Dads!

Every June, families everywhere set aside a day to honor fathers. A father is more than just a family's patriarch; he is a source of wisdom and strength for everyone in his home. At our community, we'll be hosting a celebration to say thank you to all our dads who've raised generations. We will have a feast fit for a king! Summer also begins on Father's Day this year and Julie & David Chirikian along with the staff here at Arcadia Gardens wish all our Dads a Happy Father's Day and a safe & healthy summer!





RESIDENT BIRTHDAYS

6/1	Susan Wheatley
6/1	Martha Sorenson
6/6	Barbara Flagor
6/8	Ernesto Bravo
6/10	Betty Paulsen
6/10	Joyce Westfall
6/12	Mary Gourdikian
6/19	Lena Merendino
6/20	Stella Kuri
6/22	Bill Menegatti
6/27	Stephen Darrow
6/29	Emily Levario

EMPLOYEE BIRTHDAYS

6/3	Lisa Marie Fabbri
6/3	Jorge Sanchez
6/5	Sheila Kinney
6/9	Stephanie Lu
6/9	Maricela Mendez
6/18	Merle Arceo
6/22	Sonia Demirdjian
6/22	Acasio Moreno



Historic Moments for Old Glory

Each year on June 14, the U.S. commemorates the adoption of the nation's flag. Since it was first sewn, the Stars and Stripes has been part of many defining moments in history.

Fort McHenry. After a daylong bombardment by British forces during the War of 1812, Francis Scott Key saw "by the dawn's early light" that the "flag was still there," flying over Baltimore Harbor's Fort McHenry. Inspired to write about the moment, his words later became "The Star-Spangled Banner."

Iwo Jima. The iconic World War II image of Marines raising a U.S. flag during the Battle of Iwo Jima in 1945 won a Pulitzer Prize for photography.

Moon landing. After the crew of the Apollo 11 mission made the first moon landing on July 20, 1969, astronauts Neil Armstrong and Buzz Aldrin planted a flag on the lunar surface.

9/11. On Sept. 11, 2001, terrorist attacks reduced New York City's World Trade Center to rubble. Three firefighters hoisted a flag above the ruins, serving as a symbol of unity.

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go?
Come and sign up with our helpful Concierge for your transportation needs.
Our two friendly drivers,
ROBERT LIKADINATA

&

WILLY LAZO,

are here to make sure you get where and when you need to be.

Please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm

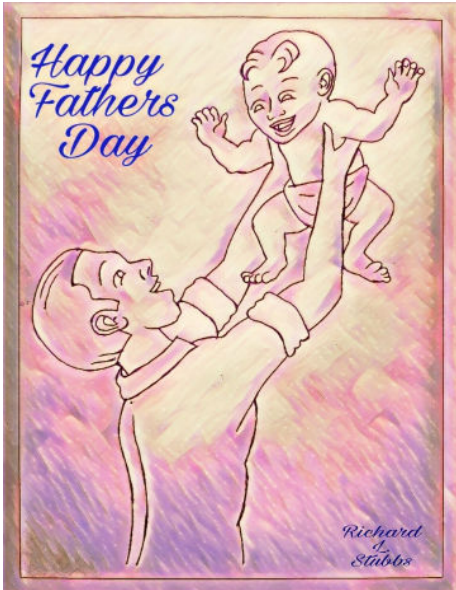


CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



~ Happy Fathers Day! ~
From All of Us at
Arcadia Gardens



Thank You!

~ "With Your Strength" ~
With your strong arms you
held us high
We squealed with delight
We new-born babies
"rock-a-bye'd"
You cradled us at night.
With your strong legs you
pulled us forward
And did it with a smile
When times were tough we all
were sure you'd
Go that extra mile.
With your strong hands you
clothed and fed us
And taught us all you knew
And on the path to goodness
led us
And we thank God for you.
- by Richard Stubbs 2009

Resident Council

RESIDENT COUNCIL MEETING
is for ALL residents.

This is your time to discuss
things
that concern YOU!

Next Meeting
with our
New Resident Council
President

Thursday, June 10th
Dining Room
2:15 pm

Welcome New Residents

Linda Emery
Franchesca Fagnani
Carmella "Mellie" Parrino
Linda Abercrombie
Harriet "Yum" Kane
Marsha Argo



Images of Interest



Resort Property: Wes Hofland - Architect

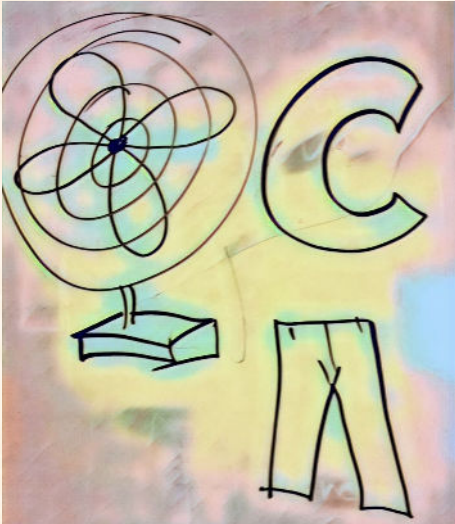


Easter egg with mysterious writing

Guess Who?



WordPlay 2nd & 3rd Fridays, O/R 3:30



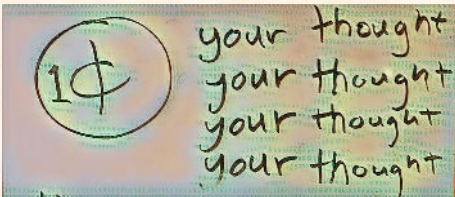
Someone who overdresses



Someone annoying is said to do this



A special time when drinks are cheaper



To ask what someone's thinking



A high-performance thoroughbred



NATHAN ROJAS,
CULINARY SERVICE DIRECTOR

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm

It's Strawberry Season

The first fruit to ripen in spring, fresh strawberries are a sweet favorite. The average person in America eats more than 3 pounds of them each year. But it only takes a few to get a taste of their benefits. One serving, about eight strawberries, packs more vitamin C than an orange.



Memory Care Neighborhood

Summer Sun Day

It's the start of a new season!

Summer officially begins

Sunday, June 20.

We will be spending time out in the garden and watching butterflies and flowers grow. Starting the days with exercise in the morning and having fun times with crafts and music.

We hope you have a great summer!



Mother's Day in Memory Lane



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local churches

Church Fellowship

9:30 am alternating Sundays

3:30 pm w/ Mary Ann

(see calendar)



BINGO SCHEDULE



Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)
Bingo Prize Party - Last Friday of the month, 1:30 p.m.



BOOM! Workout

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am, Mon. - Thurs. & Sat.

BOOM 10:00 am. Fridays

Monday/Wednesday

Tai Chi

Tuesdays

Stretch Class with Instructor

THURSDAY

Rock 'n Roll Workout w/Sheila

Friday

Boom Fitness

Saturday

Stay Fit For Life



Music Programs

Our music program is sure to make you move and harken back to all those great memories from your life.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n' Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



Warmer Weather Means Time for Plants & Flowers



Just getting started with our succulent planting!



Virginia getting her hands dirty!

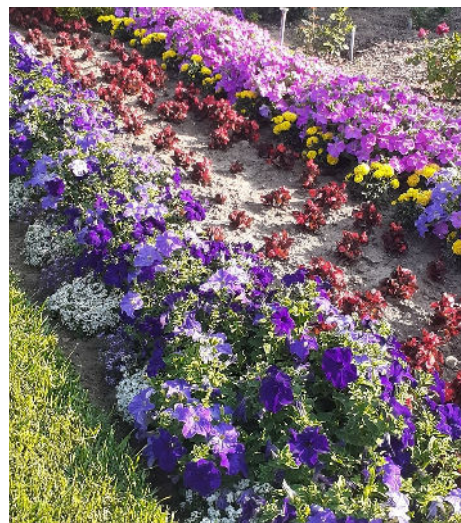
Some of Our Neighbors



A nearby neighbor on Sheila from Activities drive home.

Summertime Color

The grounds have looked so beautiful all spring and as we go into summer I'm sure we will still be seeing such pretty colors all around us.



Watch for Our Summer Poolside Concerts to RETURN This Year! Performers and Dates Will Be Announced!

We Are Excited!

Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



Honoring Our Nurses for Nurses Week!



Merle, Nichole, Suzan & Marie
other nurses not pictured.



Celi, Nune, Merle,
Suzan, Liza, Jerry,
Nichole, Marie
&
Yumi



At the Gardens



A Few New Dogs

We have had an influx of some new pets. Cody belongs to Lou Ann. He has a lot of fun making new friends with our residents. We also have Coco and Jazz that you will meet next month in our newsletter!



Even doggies need to stay hydrated!



Leilani makes a new friend!



We started a gardening club... Look for future dates!

