



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

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Sheila Kinney Activity Director/Editor
Rick Stubbs Activity Director/Arts/Music
Hiaira Miranda Activity Director/Operations
Heidi Fimbres Marketing Director
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www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

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Memory Lane Care (626) 574-1500
Beauty Shop (626) 574-0469

September 2021



A Salute to American Workers

Honor the efforts of America's workforce. Happy Labor Day!

"I believe in the dignity of labor, whether with head or hand, that the world owes no man a living but that it owes every man an opportunity to make a living."

~John D. Rockefeller

Labor Day (the first Monday in September) is a day for people to consider the economic and social accomplishments of American workers. Without them we could not enjoy the prosperity of our great nation.

God bless all of our hard workers here at Arcadia Gardens Retirement Hotel!



RESIDENT BIRTHDAYS

9/2	Earl Steen
9/4	Marsha Argo
9/5	Lou Ann Kinney
9/11	Julie Rose
9/13	Thomas Wilson
9/14	John Mills
9/14	Digna Iglesias
9/15	Gloria Feliciano
9/19	Beth Wells-Miller
9/19	Linda Abercrombie
9/23	Jeannie Hamley
9/26	Marie Vosgueritchian
9/26	Dara Kokanu
9/29	Miguel Limon
9/30	Manfred Mumper

EMPLOYEE BIRTHDAYS

9/2	Maria Nava
9/3	Nune Hasratyan
9/5	Dana Stone
9/6	Julianna Wolf
9/10	Janett Hernandez
9/13	Kevin Sanchez
9/13	Claudia Sierra
9/17	Nathan Rojas
9/18	Monica Vargas
9/27	Lisa Regula
9/30	Petra Moreno
9/30	Angelice Rodriguez



A Tip of the Hat

The Labor Day holiday is an annual salute to workers. In several occupations, the hat worn while on the job has become a recognizable part of the profession.

Hard hat. Due to the on-the-job dangers involved in trades such as construction, mining, and power line maintenance, hard hats are required safety gear. Inspired by metal helmets that protected soldiers in World War I, hard hats were invented in 1919.

Chef's hat. When it comes to cooking, the towering white hat that chefs wear is a toque, the French word for "hat." In the early days of the craft, the hat's height and number of pleats signified skill and rank.

Firefighter's helmet. The helmet worn by these first responders is a widely recognized symbol of the profession, representing bravery and honor.

Military covers. Those who serve in the armed forces wear a hat, called a cover, as part of the uniform of their branch. There are covers for service and formal dress uniforms as well as specialized ones used in combat.

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go?
Come and sign up with our helpful Concierge for your transportation needs.
Our two friendly drivers,
ROBERT LIKADINATA

&

WILLY LAZO,

are here to make sure you get where and when you need to be.

Please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.



Francesca Sings!



Crafty People



Kay's "Green With Envy"

Rick Plays by Ear

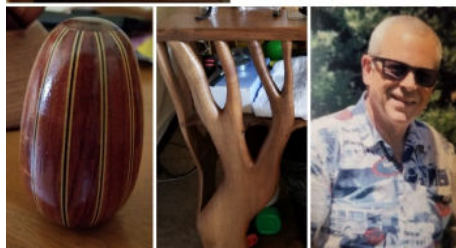


It's harder than you think

Local Teddy Bears



Art in the Family



Woodwork by Robert Whittier's son Roger

Resident Council

RESIDENT COUNCIL MEETING

For ALL Residents

RESIDENT COUNCIL MEETING
is for ALL residents
and is a forum to
voice your opinions, questions
and comments.

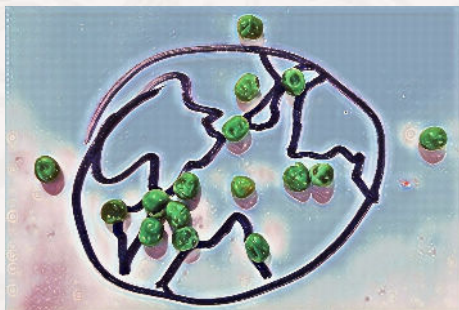
Next Meeting will be held in
the Dining Room
due to Coronavirus restrictions
Thursday, Sept. 9th
2:30 pm
Dining Room.

Welcome New Residents

Irvin Rosenblum
(Memory Lane)
Gay Scarborough
Emily Meek
Wolfen Dorion
Goldie Scinta
Judith McGavin



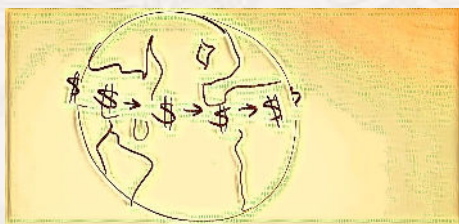
WordPlay 2nd & 3rd Fridays, O/R 3:30



Bible Phrase that Ends with
"...and Good Will Toward Men"



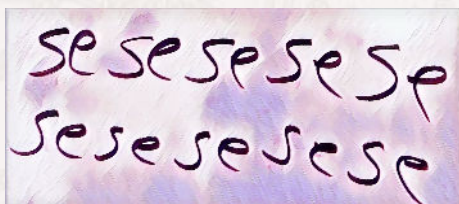
A State Located Above Illinois



Phrase Means Cash Causes the Earth to Spin



Written on a Tombstone



A State Under Kentucky



**NATHAN ROJAS,
CULINARY SERVICE DIRECTOR**

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

Lunch

12:00 pm - 1:00 pm

Dinner

5:00 pm - 6:00 pm

Our Annual BBQ Lunch for Labor Day Will Be Served on Monday, Sept. 6th



So Long to Summer

Memory Care Neighborhood

The Month of August in Memory Lane was eventful as usual.

We start most days with exercise and

movement to music, clapping and more. Our residents look forward to getting outside several days per week before it gets too warm. With interactive games and activities such as bowling, Jenga, music-making and chair volleyball, our residents are greatly encouraged to socialize & interact with each other. We love to laugh with some of our old time variety shows. Merv Griffin, Dean Martin and Carol Burnett are some of our favorites. It's a new month and the season will be changing soon but for now we are still looking forward to a warm sunny September.

~Activities



Fun & Games keep the motor skills going.

Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local churches

Church Fellowship

9:30 am alternating Sundays

3:30 pm w/ Mary Ann

(see calendar)

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Peace



Kindness

BINGO SCHEDULE



Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)



BOOM! Workout

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am, Mon. - Thurs. & Sat.

BOOM 10:00 am. Fridays

Monday/Wednesday

Tai Chi

Tuesdays

Stretch Class with Instructor

THURSDAY

Rock 'n Roll Workout w/Sheila

Friday

Boom Fitness

Saturday

Stay Fit For Life



Music Programs

Our music program has still NOT RETURNED to its Pre-COVID Schedule, which is listed here. The Current Calendar will list what is up and coming.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n' Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



Our Pals, Robin & Norm!

Final Standing in the Olympics

Well we hope you were able to enjoy some of the Summer Olympics. We did GREAT. U.S.A. came in first place by a LONG shot!!

OLYMPIC MEDAL COUNT

	Gold	Silver	Bronze	Total
1. U.S.A	39	41	33	113
2. China	38	32	18	88
3. ROC Russia	20	28	23	71
4. Great Britain	22	21	22	65



The Winter Olympics will be held this coming February 2022



We made our own special video, to the summer tune "Wipeout". You can check it out on our website at www.arcadiagardensretirement.com



Margie, Barbara & Maury rockin' out!

This Labor Day, A Big Thank You to All of Our Hard Workers!



Eva, Betty & so many more. We appreciate all that you do.



Neighborhood News

Some Old Things Are New Again!

A friendly game of cards played safely, with masks on.



Finally, a game of Kings in the Corner.

Getting Crafty as Usual



Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



Summertime Winding Down

We enjoyed our Summer Concert Series again. We believe this is our 11th year of great music out under the summer stars.



Jordan Preston got us up and going with standards and some rock 'n roll Tunes.



Jordan takes Barbara for a spin!



Norm visits with residents!

11th Summer Concert Series



Robin & Norm are near and dear to our hearts!



Great Musicians!



Get Out Your Tropical Mumu or Shirt....It's Time to LUAU, Wed. Sept. 1



Luau girls with Allen, Tony & Rodrigo!



National Assisted Living Week 2021

"Compassion, Community, Caring." Those essential qualities are on display every day by those who live and work in assisted living communities across the nation. And that's the theme celebrating residents, their loved ones, staff, volunteers and surrounding communities during this year's National Assisted Living Week, Sept. 12-18.

This year as we observe this important time, We will be planning some special events including an ICE CREAM SOCIAL & Popcorn, & A Special Movie.

Watch for dates during the week of the 12th - 18th.



Grandparents Day Is on Sunday Sept. 12th!



Our own OLYMPIC CREW!

