



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

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David Chirikian Chief Operations Officer
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Emilio Nocelotl Culinary Service Director
Sheila Kinney Activity Director/Editor
Rick Stubbs Activity Director/Arts/Music
Hiaira Miranda Activity Director/Operations
Heidi Fimbres Marketing Director
Ramona Campos Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

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Memory Lane Care (626) 574-1500
Beauty Shop (626) 574-0469

November 2021



Word for November: Thankful

This Thanksgiving, at tables across the country, friends and families will sit down and enjoy a bountiful meal together. Yet the holiday means more than having a delicious dinner. It's also a day to express thanks—to be thankful for our freedom, our loved ones and our lives, as well as mindful of the ways we are blessed, not just on Thanksgiving, but each and every day of the year.

Julie and David Chirikian would like to give "Thanks" to all the residents and family. It has been more than a challenging year and a half. We are grateful for our staff as well, and plan to move ahead into the Holiday Season with **positivity** and **thankfulness**.
We wish you all a Safe and Happy Thanksgiving.



RESIDENT BIRTHDAYS

11/3	Janette Alvarez
11/6	Francesca Fagnani
11/6	Bob York
11/7	Charles Baldwin
11/8	Lucille Medina
11/9	Elizabeth Thaller
11/9	Dolores Contla
11/10	Patricia Hunter
11/15	Mary Ann Garrett
11/20	John Hubbs
11/23	Norine Snider
11/24	Florence Kerechuk
11/24	Goldie Scinta
11/26	Pauline Talley
11/26	Chiyo Yamashiro
11/26	Margaret Bradfute
11/27	Nvair Gaboudian
11/28	Helen Sato

EMPLOYEE BIRTHDAYS

11/6	Jackie Escobar
11/8	Maria Teresa De Lira
11/8	Robert Likadinata
11/9	Bonnie Ormonde
11/12	Brigette Benitez
11/15	Aizen Li
11/17	Nichole Sais
11/28	Gohar Srapyan
11/29	Teresita Villavazo
11/30	Andrea Vasquez
11/30	Alberto Mendoza
11/30	Maro Aziz



The First Thanksgiving

Four centuries ago, the Pilgrim settlers at Plymouth Colony and neighboring American Indians met for a joyous feast, celebrating both friendship and a fruitful harvest. This 1621 event is traditionally recognized as America's first Thanksgiving.

Sailing from England aboard the Mayflower, the Pilgrims arrived in present-day Massachusetts in the fall of 1620, yet remained on the ship for several months. When the colonists moved ashore the following spring, they were visited by two English-speaking American Indians, Samoset and Squanto, who showed the Pilgrims how to hunt and grow their own food. Squanto also served as an interpreter and mediator between the settlers and the neighboring Wampanoag tribe.

Sometime between Sept. 21 and Nov. 1, the Pilgrims organized a feast to celebrate the success of their first crop. Around 90 Wampanoag, including Chief Massasoit, joined the colonists for the festivities, which lasted for three days and included games, singing and dancing.

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs.

Our two friendly drivers,
ROBERT LIKADINATA

&

WILLY LAZO,

are here to make sure you get where and when you need to be.

Please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm



CONCIERGE

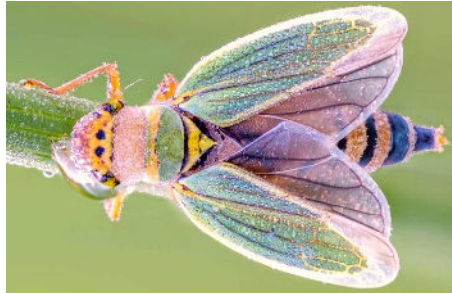
Come talk to our helpful concierge team that is ready to help you 24 hours a day.





Pat Really Gets Wrapped Up in the News!

Our Wonderful World!



Princess Leafhopper - Cicadilla Viridis



Yulon Magnolia Blossom

Resident Council

RESIDENT COUNCIL MEETING For ALL Residents RESIDENT COUNCIL MEETING

is for ALL residents
and is a forum to
voice your opinions, questions
and comments.

Next Meeting will be held in
the Dining Room
due to Coronavirus restrictions
Thursday, Nov. 11th
2:30 pm
Dining Room

Welcome New Residents

Peter Chinnici
William "Bill" Steinberg
Vera Soliz
Harry Gedigian
Eileen Lucy



THANKSGIVING

WitchCrafty People

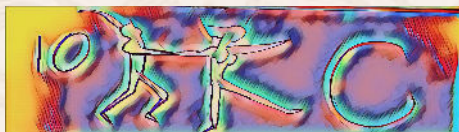


Delectable Donuts!



Delivered to Your Room! - Every Sunday
Morning - YUM!

WordPlay 2nd & 3rd Fridays, O/R 3:30



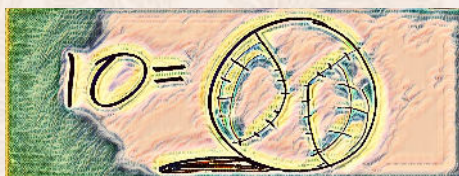
Word for a Proclivity



When We Celebrate America's
"Discovery"



Word Meaning "Done On Purpose"



Object Used In Game Using a Racket



The Season Between Summer and Winter



Emilio Nocelotl
Culinary Service Director

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

LUNCH

12:00 pm - 1:00 pm

DINNER

5:00 pm - 6:00 pm

Thanksgiving Dinner

Emilio Nocelotl, Head Chef, along with the dietary staff will be preparing a wonderful dinner for all of our residents this Thanksgiving. We still must follow Covid protocols, therefore family will not be joining for the meal this year. It will be a delicious feast, and we are THANKFUL that we are moving forward with everyone's HEALTH in mind and into a great Holiday Season!
Happy Thanksgiving!



Memory Care Neighborhood

October was filled with fun times, cooler weather, crafts and Halloween fun. We played a variety of interactive games, and just share good times together. Now that we are into

November we are sharing moments of "Thankfulness". Of course we also have a great time with our stretching, and interactive games.

HAPPY THANKSGIVING from ALL of us in Memory Lane



Noodle Ball Is Great for Motor Skills, Stretching, And Just Plain FUN!



Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local churches

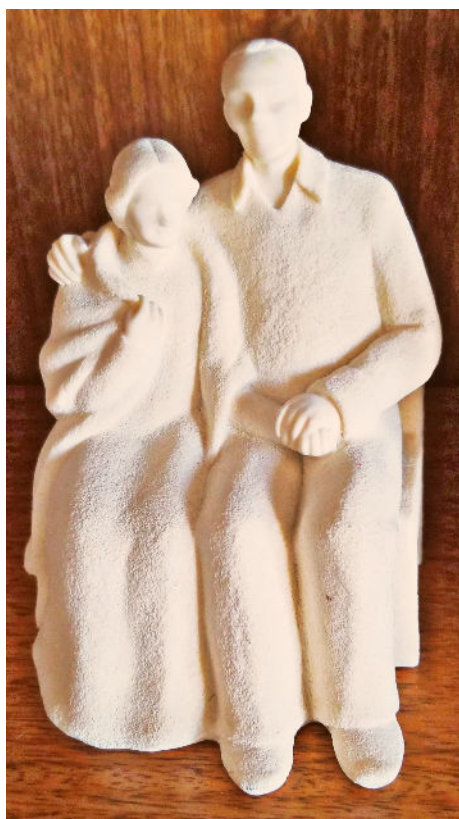
Church Fellowship

9:30 am alternating Sundays

3:30 pm w/ Mary Ann

(see calendar)

True Love Abides



BINGO SCHEDULE



Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)



BOOM! Workout

EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM

9:30 am, Mon. - Thurs. & Sat.

BOOM 10:00 am. Fridays

Monday/Wednesday

Tai Chi

Tuesdays

Stretch Class with Instructor

THURSDAY

Rock 'n Roll Workout w/Sheila

Friday

Boom Fitness

Saturday

Stay Fit For Life



Music Programs

Our music program has still NOT RETURNED to its Pre-COVID Schedule, which is listed here. The Current Calendar will list what is up and coming.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n' Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



What's Happening



This resident is stretching his legs in the gym



Sandi is enjoying the California weather out in the garden



Look at all those beads! Wow. Francesca is in Downtown L.A. purchasing beads for an upcoming beading craft class.

Salute to Veterans

"Veterans Day gives all Americans a special opportunity to pay tribute to all those men and women who, throughout our history, have left their homes and loved ones to serve their country," declared President Ronald Reagan in 1986. Salute the country's 20 million veterans on Nov. 11. Traditionally we honor our Veterans on this day, and this year will be no different. We are not sure of all the details just yet, but we will keep you posted.

Watch for information and God Bless America and our veterans.



Time to Change Your Clocks

Daylight saving time ends at 2 am on the first Sunday in November. This year it is on Nov. 7th. Set your clocks back one hour.

"spring forward, fall back."

Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



Fall Is Here at the Gardens



Everyone's Grandma - Grandma Nonnie



Crafting with the ladies



Crafting for the Fall Season



Francesca's pastels

So Long October



By the time this newsletter comes out Halloween will have already happened, but we will have a chance to bring you last month's Halloween photos next month. See you then!

Can you guess who these two are?



Pounds of Pumpkins

About 2 billion pounds of pumpkins are harvested in the U.S. each year.

Ooh-Rah!

Happy birthday, Marines! On Nov. 10, 1775, the Continental Congress established the U.S. Marine Corps.





A family gathering for Georgina M's birthday!

