

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

### **Arcadia Gardens Staff**

Julie Chirikian Chief Executive Officer
David Chirikian Chief Operations Officer
Pamela Parsons Executive Director
Valentina Ashjian Business Director
Nune Hasratyan Wellness Director
Emilio Nocelotl Culinary Service Director
Sheila Kinney Activity Director/Editor
Rick Stubbs Activity Director/Arts/Music
Hiaira Miranda Activity Director/Operations
Heidi Fimbres Marketing Director
Ramona Campos Director of Housekeeping

### www.arcadiagardensretirement.com



**WELCOME HOME!** 

#### **Contact Numbers**

Main Office	(626) 574-8571
Fax Number	(626) 574-2094
Memory Lane Care	(626) 574-1500
Beauty Shop	(626) 574-0469

### December 2021



### It's Beginning to Look a Lot Like CHRISTMAS!

Ho, ho, ho! Break out the mistletoe! Merry Christmas and Happy New Year to you and your family. With the holidays coming quickly, we hope yours will be wonderful. Whether you celebrate Christmas, Hanukkah or another tradition, Julie & David Chirikian, along with the entire staff here at Arcadia Gardens, truly wish you a healthy, prosperous and happy holiday season.

Please watch for information about all the activities we have planned for this special time of year.





### RESIDENT BIRTHDAYS

12/1 Ah-711 Wei

12/1	All-Zu Wei
12/7	Angie Lecea
12/13	Lia Katz
12/14	Yuet Kum Wong
12/14	Ann Calnan
12/19	Harry Horak
12/23	Sally Barnett
12/27	William Scoleri
12/30	Fietje Ralston
12/31	Ann Sears

### **EMPLOYEE BIRTHDAYS**

12/2	Pamela Parsons
12/9	Myleen Batoon
12/11	Cathy Rossi
12/15	Gaiane Barsegian
12/18	Maricela Manzano
12/22	Donna Astorga
12/28	Araceli Flores
12/28	Maria Garcia Munoz
12/28	Marites Montinola
12/29	Lizette Medina
12/30	Agripina Delgado



Happy Hour Fun!



### **Sending Season's Greetings**

Mailing a greeting card may seem old-fashioned and quaint. But the tradition continues to thrive, with around 1.5 billion holiday cards sent every year in the U.S.

An Englishman named Sir Henry Cole created the first holiday card in 1843. A government worker and activist, Cole had just helped to reform the British post office, lowering postage to a penny so more people could afford to send mail. Cole was also very popular, and struggled to find time to respond to the many holiday letters he'd received. Motivated to solve two problems at once—promote the postal system and send quick greetings to his friends—Cole commissioned artist John Calcott Horsley to design a holiday postcard. The card's front showed scenes of a festive family dinner and people doing charitable deeds.

Improved printing methods helped popularize holiday cards in the following decades. By the turn of the century, companies in both the U.K. and the U.S. were printing millions of greeting cards each winter.

### ARCADIA GARDENS TRANSPORTATION

Got somewhere to go?
Come and sign up with our helpful Concierge for your transportation needs.
Our two friendly drivers,
ROBERT LIKADINATA

#### <u>⊗</u> WILLY LAZO,

are here to make sure you get where and when you need to be. Please make sure you book your day and time 24 hours in advance.

Thank You!
Drivers Available
MONDAY -FRIDAY
7:00 am - 4:00 pm
SUNDAY
8:00 am - 10:30 pm



# CONCIERGE Come talk to our helpful concierge team that is ready to help you 24 hours a day.



### **Peace on Earth**



From All of Us to All of You!



A Feather in Our Cap!

### The AG Performers Ride Again!

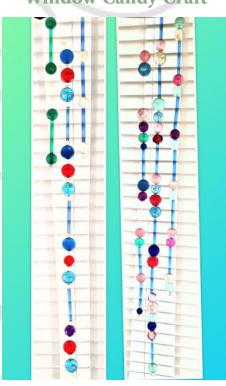


### **Crafty Little Elves**



Turkey Time!

### **Window Candy Craft**





## RESIDENT COUNCIL MEETING For ALL Residents

RESIDENT COUNCIL MEETING
is for ALL residents
and is a forum to
voice your opinions, questions
and comments.
Next Meeting will be held in
the Dining Room
due to Coronavirus restrictions
Thursday, Dec. 9th
2:30 pm
Dining Room



Thomas Rizzo
Giovanni D'ingillo
Guillerma Yanit
Jackie Mathis
Elnora Campos
Cindy Lu



### WordPlay 2nd & 3rd Fridays, O/R 3:30



Phrase Ending In ... "and Good Will to All"



Santa Has 3 Gardens So He Can



What's a Cat on the Beach at Xmas?





Emilio Nocelotl Culinary Service Director

### ARCADIA GARDENS FINE DINING

Breakfast 8:00 am - 9:00 am <u>LUNCH</u> 12:00 pm - 1:00 pm <u>DINNER</u> 5:00 pm - 6:00 pm

Our Christmas Resident Dinner will Be Held on Thursday, Dec. 16th.







It's the Holidays. Our residents had a great November enjoying their stretching and exercise time, breathing exercises, social time and games along with seasonal art & crafts. Holiday movies will be part of the fanfare...and we have our favorites. We look forward to the holiday decorations here at Arcadia Gardens. We are looking forward to a positive New Year! We wish you and yours a beautiful Holiday season.







### **Religious Services**

We also offer spiritual support weekly in the OVAL ROOM

**Friday** 

9:00 am

Catholic Communion 2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local churches
Church Fellowship
9:30 am alternating Sundays
3:30 pm w/ Mary Ann
(see calendar)

### **Sleep in Heavenly Peace**



### **BINGO SCHEDULE**



Monday - Friday, 1:30 p.m. Sunday, 2 p.m. (No Saturdays)



**BOOM!** Workout

### **EXERCISE CLASSES**

Come and join us in staying fit and healthy with our daily classes in OVAL ROOM 9:30 am, Mon. - Thurs. & Sat. BOOM 10:00 am. Fridays Monday/Wednesday

Tai Chi

**Tuesdays** 

Stretch Class with Instructor

**THURSDAY** 

Rock 'n Roll Workout w/Sheila

**Friday** 

Boom Fitness

Saturday

Stay Fit For Life



### **Music Programs**

Our music program has still NOT RETURNED to its Pre-COVID Schedule, which is listed here. The Current Calendar will list what is up and coming.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n' Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



### This Past Halloween Fun!



And the big winner was Meranda J.-Caregiver.



Maricela, Jackie & Pat R. What a cute Strawberry and Angel!



Sandi, Virginia, Leilani & Pauline



### **Get Ready for the Trees!!**



Our trees have been a tradition for years!



Hanukkah Begins at Sundown on November 28th.

We will serve a Hanukkah themed meal during 1 of the 8 nights of Hanukkah for all to enjoy.



### Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.







Guess who? Meranda and Marsha A.



### Thank You Vets!



Operation Gratitude boxes from the city of Arcadia were delivered by Councilwoman April Verlato & MJ Finstrom, our Social Media Coordinator.





Lovely gift items were in each box for our Vets!



Bob gives us a big Cheers!

### **Veterans Day Celebration**



Rick did a great job performing along with Erik.



Ready to enjoy a great meal. (Masks are not worn because of the dinner meal).



Councilwoman April Verlato, Sheila & Hiaira (Activities) and Pamela Parsons, our Executive Director.



### **International Corner**

### :Feliz Navidad!

En los Estados Unidos el envio de Christmas cards (tarjetas de Navidad) comienza a principios del mes de Diciembre. Otra de las tradiciones Navideñas Estadounidenses consiste en colgar los Christmas stockings (medias de gran tamaño) para que aparezcan llenas de regalos a la mañana siguiente. Los niños acostumbran colgarlas durante Christmas Eve (Noche Buena). Los demás regalos se colocan debajo del árbol de Navidad para ser abiertos en la mañana del 25 de Diciembre.

~Rafael Reyes Ybarra



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Article in Chinese from our very own Mike





Our Wonderful Veterans at a special tribute dinner for Veterans Day!



**Happy Holidays!** Our entire staff would like to wish you and your family and friends a joyful holiday season and a wonderful New Year!

