

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <i>HAPPY VALENTINE'S DAY</i> <i>Love is in the air</i>		CHINESE NEW YEAR 1 10:00 Arcadia Daily Chronicle 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun Chinese New Year (Year of the Tiger)	Groundhog Day 2 9:30 Exercise 10:00 <i>Gratitude Readings</i> 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie Groundhog Day	9:30 Exercise 3 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie	<u>Favorite Character Friday</u> 4 <u>Popcorn & a Comedy Movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden	Happy New Years 2022! 5 9:30 Bowling 10:00 Arcadia Daily Chronicle 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations	
	9:00 Light & Lively Stretches 6 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 7 10:30 Gentle Tai Chi 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage	10:00 Arcadia Daily Chronicle 8 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun	9:30 Exercise 9 10:30 Gentle Tai Chi 1:00 Gratitude Circle 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 10 10:00 WINTER Colorings 11:30 Seasonal crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	<u>Favorite Character Friday</u> 11 <u>Popcorn & a ROMANTIC Movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art	9:30 Bowling 12 10:00 Arcadia Daily Chronicle 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
	9:00 Light & Lively Stretches 13 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	<u>HAPPY VALENTINE'S DAY!</u> 14 10:00 Arcadia Daily Chronicle 10:30 Gentle Tai Chi 2:30 Comfort Food 3:00 Seasonal FUN Crafts 6:00 Gentle Hand Massage Valentine's Day	10:00 Arcadia Daily Chronicle 15 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun	9:30 Exercise 16 10:00 <i>Gratitude Readings</i> 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 17 10:00 Nail Art Makeovers 11:30 Leaf Wreaths 1:30 Gratitude Readings 3:00 Mosaic Art 4:00 Balloon Volleyball 6:00 Movie	<u>Favorite Character Friday</u> 18 <u>Popcorn & a Classic Movie</u> 9:30 Movin' n Groovin 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art In Our Garden	9:30 Bowling 19 10:00 Arcadia Daily Chronicle 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
	9:00 Light & Lively Stretches 20 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 21 10:30 Gentle Tai Chi 2:30 Comfort Food 3:00 Seasonal Crafts 6:00 Gentle Hand Massage Presidents' Day	10:00 Arcadia Daily Chronicle 22 10:30 Colorful Seasonal Day Creations 11:30 Poetry Time 3:00 Good Time Social 4:00 Chair Basketball Fun	9:30 Exercise 23 10:30 Gentle Tai Chi 1:00 Gratitude Circle 2:00 Music & Memories 3:00 Parachute Group Fun 4:00 Movie	9:30 Exercise 24 10:00 WINTER Colorings 11:30 Seasonal crafts 1:30 Gratitude Readings 3:00 Decorating Garden Pots 4:00 Balloon Volleyball 6:00 Movie	<u>Favorite Character Friday</u> 25 <u>Popcorn & a DISNEY Movie</u> 9:30 Movin' n Groovin 10:00 Catholic Communion 10:30 Let's Sing & Dance 1:30 Fun with Food ~ 3:00 Social Time 4:00 Chalk Art	9:30 Bowling 26 10:00 Arcadia Daily Chronicle 11:00 Doughnut Delight 2:30 Saturday Day Live 3:00 Colorful Creations
	9:00 Light & Lively Stretches 27 10:00 Singing Songs of Spirit 1:30 Gratitude Readings 2:30 Blowing Bubbles 3:00 In the News 6:00 Movie Time	10:00 Arcadia Daily Chronicle 28 10:30 Gentle Tai Chi 2:30 Comfort Food 3:00 Seasonal FUN Crafts 6:00 Gentle Hand Massage	February 2022  Arcadia Gardens Memory Lane				