



ARCADIA GARDENS

RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

Arcadia Gardens Staff

Julie Chirikian Chief Executive Officer
David Chirikian Chief Operations Officer
Pamela Parsons Executive Director
Valentina Ashjian Business Director
Suzana Zadourian Wellness Director
Emilio Nocelotl Culinary Service Director
Rick Stubbs Activity Director/Arts/Music
Hiaira Miranda Activity Director/Operations
Claudia Vasquez Marketing Director
Ramona Campos Director of Housekeeping

www.arcadiagardensretirement.com



WELCOME HOME!

Contact Numbers

Main Office (626) 574-8571
Fax Number (626) 574-2094
Memory Lane Care (626) 574-1500
Beauty Shop (626) 574-0469



May 2022



Mother's Day is a holiday set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! David and Julie Chirikian, along with the entire staff, wish all the moms who call our community home a very happy Mother's Day!



RESIDENT BIRTHDAYS

5/5	Irene Rumbo
5/5	Diana Olson
5/7	Mary Rider
5/11	Doris Frost
5/12	Edward Rembecky
5/16	William Holmes
5/25	Jean Schroeder
5/31	Patricia Engel

EMPLOYEE BIRTHDAYS

5/2	Ruth Valverde
5/9	Teresa Granados
5/15	Melissa Alarcon
5/15	Cindy Escoto
5/22	Amy Cheon
5/22	Emilio Noselotl
5/28	Francisco Vargas
5/29	Alice Masihi



We Salute America's Military

In May, America observes National Military Appreciation Month, when the country takes time to honor the men and women of the armed forces, past and present, and their families. Our community salutes their service to our nation.



Words We Got From the Military

Military Appreciation Month, held every May, celebrates the members of the armed forces who have given so much to our nation. Among the military's contributions through the years is a registry of words and phrases that wouldn't exist without them. Here's a small sample:

Hotshot. This term for a talented, successful person likely came from the use of heated cannonballs, aka hot shots, to ignite enemy ships or buildings. Handling the volatile ammo was risky and required a lot of skill.

With flying colors. A naval ship returning home after a victory proudly displays their flags, called colors, from the masthead. The tradition of "coming through with flying colors" is now a metaphor for a victory such as acing a test or exceeding at a task.

Avant-garde. Describing someone or something that is new and unusual, typically referring to the arts, this comes from the French word for vanguard, or advance guard: a small group of soldiers who lead armed forces into battle.

ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs. Our two friendly drivers, **ROBERT LIKADINATA**

&

WILLY LAZO,

are here to make sure you get where and when you need to be.

Please make sure you book your day and time 24 hours in advance.

Thank You!

Drivers Available

MONDAY -FRIDAY

7:00 am - 4:00 pm

SUNDAY

8:00 am - 10:30 pm



CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.

Brainteaser

Question: Lovely and round, I shine with pale light, grown in the darkness, a lady's delight. What am I?

Answer: A pearl.

Around Town



Azaleas in Bloom



Kitty, Poodle and Doily



Heart In Hair



Aggie the Tree Frog Kickin' it



Vroom

Resident Council



RESIDENT COUNCIL MEETING For ALL Residents

RESIDENT COUNCIL MEETING
is for ALL residents
and is a forum to
voice your opinions, questions
and comments.

The next meeting will be held in
the Dining Room,
due to Coronavirus restrictions.
Thursday, May 12th,
2:30 pm
Oval Room

Welcome New Residents

Breiner Otto
Fahey John
Jorgendon Gisela



WordPlay 2nd & 3rd Fridays, O/R 3:30



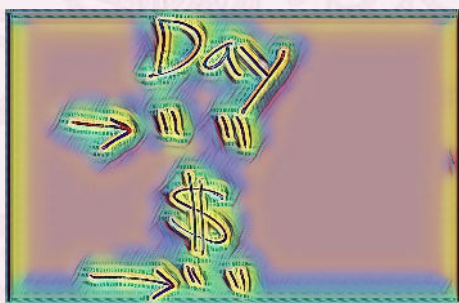
Return to the Fundamentals



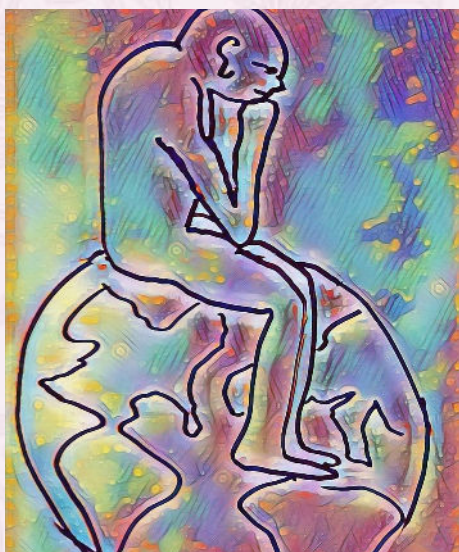
Rabble Rouser



So Small It Barely Matters



Scraping By Financially



When You're Riding High



Emilio Nocelotl
Culinary Service Director

ARCADIA GARDENS FINE DINING

Breakfast

8:00 am - 9:00 am

LUNCH

12:00 pm - 1:00 pm

DINNER

5:00 pm - 6:00 pm



Mother's Day Luncheon Saturday, May 7th

We will honor & celebrate this special occasion on Saturday,
May 7th
Luncheon
12:30 p.m.
Dining Room



Memory Care Neighborhood



Helen Reese on St. Paddy's Day

Drink to Your Health ~Hydration~

Nutrition experts say you can double up your hydration by snacking on fresh produce. Eating fruits and veggies with a high water content, such as an apple or some carrot sticks, along with drinking H₂O can help you stay better hydrated.

Religious Services

We also offer spiritual support weekly in the OVAL ROOM

Friday

9:00 am

Catholic Communion

2nd Friday of the Month

9:00 am

Catholic Mass

Saturday

10:00 am

Rosary w/ Gladys

Sunday

8:15 am

Transportation to local churches

Church Fellowship

9:30 am alternating Sundays

3:30 pm TBA

(see calendar)



BINGO SCHEDULE

Monday - Friday, 1:30 p.m.
Sunday, 2 p.m. (No Saturdays)



EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in the OVAL ROOM

9:30 am, Mon. - Fri. & Sat.

Tuesday/Thursday

Tai Chi Class with Instructor

Saturday

Stay Fit For Life



Music Programs

Our music program has still NOT RETURNED to its Pre-COVID Schedule, which is listed here. The Current Calendar will list what is up and coming.

Monday

3:00 pm

Robin & Norm

(2 Mondays per month)

Tuesday

10:30

Sing LIVE with Leon O/R

2:00 pm

Musical Memory O/R

Wednesday

10:30 am

Guitar 'n' Tunes w/Erik O/R

Friday

6:30 pm

Twilight Guitar w/Rick O/R

Saturday

10:30 am

Sing-Along w/Rick O/R

3:30

Our All-Resident Band

Open Rehearsal O/R

Sunday

12:45 pm D/R

Performer to be announced



Norm and Robin



Celebrate Cinco De Mayo

Cinco de Mayo is celebrated in many areas of the United States with rowdy and colorful parties, but do you know the history behind the holiday? Frequently confused with Mexico's Independence Day (Sep. 16), it's actually a celebration of the Mexican victory over the French in the Battle of Puebla on May 5, 1862. The victory symbolized Mexico's resistance to foreign occupation, its patriotism and unity. Happy Cinco de Mayo!

Los Gallitos Mariachi
Band Thursday, May 5th
Lunchtime 12:00 p.m.
Dining Room



Harry Gedigian 100th Birthday!



Tonia Tenerelli 40th Year at AG! Celebration!



Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on www.Facebook.com.



Craft Time at the Gardens



St. Paddy's Day Celebration



Easter Celebration!



