

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

Add a title or monthly theme here.

				10:00 Nail Art Makeovers 1:30 Social Time 3:00 Bowling 5:00 Movie	1 Favorite Character Friday Comedy Movie 9:30 Flower Art 10:30 Catch and Throw 1:30 Basketball 3:00 Social Time 5:00 Movie	2 9:30 Gentle Chair Exercise 10:30 DIY (Thanksgiving craft) 2:30 Saturday Day Live 3:00 Colorful Creations 5:00 Musical Memories
9:00 Light & Lively Stretches 10:00 Singing Songs of Spirit 1:30 Social Time 2:30 Basketball 3:00 In the News 5:00 Movie Time	4 10:00 Bingo 10:30 Gentle Chair Exercise 2:30 Musical Memories 3:00 Seasonal Crafts 5:00 Movie	5 9:30 Morning chair exercise 10:00 DIY door hangers (Halloween) 3:00 Good Time Social 4:30 Movie	6 10:00 Gratitude Readings 10:30 Gentle Chair Exercise 1:00 Social Time 3:00 Coloring 4:00 Movie	7 9:30 Gentle Chair Exercise 10:00 Hand Pampering 3:00 Bowling 5:00 Movie	8 Favorite Character Friday Comedy Movie 9:30 Outdoor Workout 10:00 Dessert Crafts 1:30 Basketball 3:00 Social Time 5:00 Movie	9 9:30 Morning Workout 10:00 Toss the Ball 2:30 Saturday Day Live 3:00 Colorful Creations 5:00 Musical Memories
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Hanukkah Begins

Winter Begins

Christmas

Boxing Day (Canada)
Kwanzaa Begins

New Year's Eve

Type the name, address, and other information about your community/company here.