



# ARCADIA GARDENS

## RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

### Arcadia Gardens Staff

Julie Chirikian ..... Chief Executive Officer  
David Chirikian ..... Chief Operations Officer  
Pamela Parsons ..... Executive Director  
Valentina Ashjian ..... Business Director  
Suzana Zadourian ..... Wellness Director  
Alice Masihi ..... Office Manager  
Bryan Taylor ..... Culinary Service Director  
Hiaira Miranda ..... Activity Director  
Rick Stubbs ..... Activity Director/Arts/Music  
Claudia Vasquez ..... Marketing Director  
Ramona Campos ..... Housekeeping Supervisor  
Jaqueline Escobar ..... Community Care Director  
Flor Deharo ..... Memory Care Director

[www.arcadiagardensretirement.com](http://www.arcadiagardensretirement.com)



**WELCOME HOME!**

### Contact Numbers

Main Office ..... (626) 574-8571  
Fax Number ..... (626) 574-2094  
Memory Lane Care ..... (626) 574-1500  
Beauty Shop ..... (626) 574-0469

**January 2023**



### Happy New Year!

Blessings and Best Wishes from Julie & David  
Chirikian and the staff of Arcadia Gardens  
Retirement Hotel



# Happy Birthday



## EMPLOYEE BIRTHDAYS

1/6	Ana Maria Chavez
1/8	Flor Deharo
1/9	Claudia Vasquez
1/12	Sarahi Williams
1/19	Xue Shi
1/22	Cruz Aguilar
1/22	Elizabeth Solorio
1/24	Bryan Nuñez
1/25	Dina Guerrero
1/30	Tony De Avila

## RESIDENT BIRTHDAYS

1/5	Weslie Hofland
1/6	Joseph Packard
1/6	Rafael Ybarra
1/8	Virginia Stefanovich
1/9	George Walker
1/9	Colleen Brennan
1/10	Harriet "Yum" Kane
1/10	Mike Shih
1/11	Kathryn Conley
1/11	Arlene Johnson
1/17	Mike Liu
1/20	Frankie Mangels
1/25	George Van Hove
1/26	Diane Klein



## The Art of Paper Cutting

Anyone who has cut out a snowflake has experienced the wonder of creating a beautiful image with just paper and scissors. Around the world, paper cutting is a cherished art form, with different countries and cultures having their own unique methods:

*Jianzhi*. The birthplace of paper itself, China is home to several styles of paper cutting art, collectively known as *jianzhi*. Typically cut from red paper and hung in windows, these works of art often depict elements of nature and scenes from traditional tales.

*Scherenschnitte*. Developed in Germany and Switzerland during the 1500s, *scherschnitte* ("scissor cuts" in German) spread throughout Western Europe, displayed as miniature art inside pocket watches or pasted on love letters and valentines. In America, this style is commonly seen in Pennsylvania Dutch folk art.

*Papel picado*. From the Spanish words meaning "punched paper," this Mexican art form is normally done on colorful sheets of tissue paper. Banners of *papel picado* are a familiar sight at holiday celebrations and special events, with animals, flowers and skulls as popular motifs.



## ARCADIA GARDENS TRANSPORTATION

Got somewhere to go? Come and sign up with our helpful Concierge for your transportation needs. Our two friendly drivers, **ROBERT LIKADINATA**

&

**WILLY LAZO,**

are here to make sure you get where and when you need to be. *Please make sure you book your day and time 24 hours in advance.*

**Thank You!**

**Drivers Available**  
**MONDAY - FRIDAY**  
**7:00 am - 4:00 pm**

## CONCIERGE

Come talk to our helpful concierge team that is ready to help you 24 hours a day.





## The Eyes Have It



The World Is In Our Hands



There's No Time Like The Present



Wood You Be Mine?



A Sea Turtle Homecoming



Flower Photo Taken Through Water Drops



Tiny Bird Buds



"Donut Quest" - Sunday Mornings

## Resident Council

### RESIDENT COUNCIL MEETING

is for ALL residents  
and is a forum to  
voice your opinions, questions  
and comments.

The next meeting will be held in  
the Dining Room  
Thursday, Jan. 12th,  
2:30 pm,  
Dining Room

## Welcome New Residents

Elizabeth Wells (ML)  
Levy Sherwin  
Pang Wong (ML)  
George Van Hove  
Douglas Clark  
Mei Gee  
Nellie Abbatecola  
Marjorie Gallenhanover

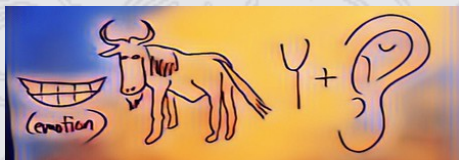
## Happy Hour

Please stop by Happy Hour  
Friday, Jan. 20th  
3:30 p.m.  
Oval Room

We would love to see our new  
Residents.



## WordPlay \_\_\_\_ Check Calendar for Times



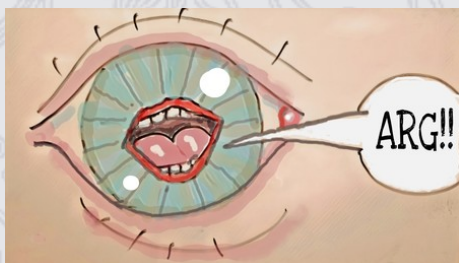
We Say This at Midnight on December 31



When You Don't Want to Be Bothered



The Final Insult



We All Scream for...



Shakespeare's Famous Hamlet Line



Bryan Taylor- Executive Chef

## ARCADIA GARDENS FINE DINING

### Breakfast

8:00 am - 9:00 am

### LUNCH

12:00 pm - 1:00 pm

### DINNER

5:00 pm - 6:00 pm

## The Charm of Charcuterie

Fancy and festive for a gathering of friends and family, yet easy to prepare for a weeknight dinner—that's the charm of the charcuterie board. Though artful arrangements of meats and cheeses have been popular for centuries, the custom has exploded in recent years. Foodies say the visual elegance of the boards appeal to those looking to elevate everyday snacks, while for others, a charcuterie is a chance to try new food combinations.



## Memory Care Neighborhood

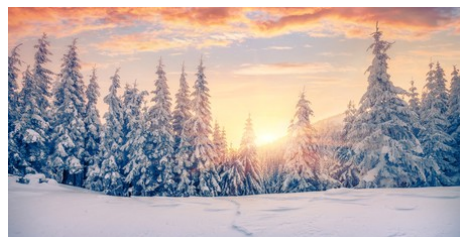


## Out & About



## Happy New Year to You

As the new year starts, many people make resolutions to change their lives in some way. Others simply resolve to enjoy what life has to offer. Whatever your outlook, we wish you a wonderful new year.





## Religious Services

We also offer spiritual support weekly in the OVAL ROOM

### Friday

9:00 am

Catholic Communion

### 2nd Friday of the Month

9:00 am

Catholic Mass

### Saturday

10:00 am

Rosary w/ Gladys

### Sunday

8:15 am

Transportation to local churches

### Church Fellowship

9:30 am alternating Sundays

3:30 pm TBA

(see calendar)



## BINGO SCHEDULE

Monday - Saturday, 1:30 p.m.



## EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in the OVAL ROOM

9:30 am, Mon.- Fri.

Tuesday/Thursday

Tai Chi Class with Instructor

Saturday

Stay Fit For Life



## Music Programs

Our music program has still NOT RETURNED to its Pre-COVID Schedule, which is listed here. The Current Calendar will list what is up and coming.

### Monday

10:30 am

Piano w/ Judith O/R

Jan. 9th & Jan. 23rd

### Thursday-Sunday

12:00 and 5:00 pm

Piano w/Rick D/R

### Friday

6:30 pm

Twilight Guitar w/Rick O/R

### Saturday

10:30 am

Sing-Along w/Rick O/R

3:30 pm

Our All-Resident Band

Open Rehearsal O/R





## Christmas Tree Decorating



## SHOW & TELL

Tuesday, Jan. 24th

10:30 in the Oval Room

Bring your special item and memories to share with us.



Beading class with Francesca!  
Wednesday, Jan. 18th. 10:30 a.m. in the Oval room  
If you're interested, please sign up at the front desk.

## Chinese New Year

Chinese New Year begins Jan. 22. Known in China as the

Spring Festival, the 15-day celebration is the longest and most important holiday on the Chinese calendar. Each year is represented by one of 12 animals, and 2023 is the Year of the Rabbit.



## Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on [www.Facebook.com](http://www.Facebook.com).





## Craft Time



## Employee Christmas Lunch



Ugly sweater contest WINNERS!  
Laura & Pamela



Robert, winner of one of the TVs.  
Congratulations!





# "This Month In History" JANUARY

**1908:** Illuminated by 100 lightbulbs, the New Year's ball drops in New York City's Times Square for the first time. There have been seven different Times Square balls since, with the current design bedazzled with over 32,000 LEDs.

**1915:** Rocky Mountain National Park is established in Colorado, ensuring the region's environment, habitat and wildlife stay protected.

**1929:** The Seeing Eye, a training school for dog guides, opens in Nashville. The organization was originally founded to breed and train dogs for visually impaired World War I veterans.

**1933:** Work begins on the Golden Gate Bridge. The famous San Francisco Bay bridge was completed four years later.

**1942:** Twenty-six countries sign the Declaration of the United Nations, reaffirming their opposition to the Axis powers of World War II.

**1960:** Senator John F. Kennedy announces his intent to gain the Democratic presidential nomination. Voters later elected him as the nation's 35th president.

**1984:** The U.S. Supreme Court rules that recording TV programs on home VCRs does not violate copyright laws.

**1994:** At 14 years old, Peter Leko becomes the youngest grandmaster in chess. Abhimanyu Mishra, who obtained the title at age 12, is the current record holder.

**2007:** Apple introduces the first iPhone, which features a 3.5-inch touchscreen, built-in microphone and headset controls.