



# ARCADIA GARDENS

## RETIREMENT HOTEL

720 W Camino Real Ave. • Arcadia, CA 91007 • (626) 574-8571

### Arcadia Gardens Staff

Julie Chirikian ..... Chief Executive Officer  
David Chirikian ..... Chief Operations Officer  
Pamela Parsons ..... Executive Director  
Valentina Ashjian ..... Business Director  
Suzana Zadourian ..... Wellness Director  
Alice Masihi ..... Office Manager  
Bryan Taylor ..... Culinary Service Director  
Hiaira Miranda ..... Activity Director  
Rick Stubbs ..... Activity Director/Arts/Music  
Claudia Vasquez ..... Marketing Director  
Ramona Campos ..... Housekeeping Supervisor  
Jaqueline Escobar ..... Community Care Director  
Flor Deharo ..... Memory Care Director

[www.arcadiagardensretirement.com](http://www.arcadiagardensretirement.com)



**WELCOME HOME!**

### Contact Numbers

Main Office ..... (626) 574-8571  
Fax Number ..... (626) 574-2094  
Memory Lane Care ..... (626) 574-1500  
Beauty Shop ..... (626) 574-0469

### June 2023



### Happy Father's Day, Dads!

Every June, families everywhere set aside a day to honor fathers. A father is more than just a family's patriarch; he is a source of wisdom and strength for everyone in his home.

We will be hosting a celebration to say thank-you to all our Dads who've raised generations. As usual we will have a great meal and some fantastic music.





# Happy Birthday

## RESIDENT BIRTHDAYS

6/1	Susan Wheatley
6/1	Martha Sorensen
6/6	Barbara Flagor
6/10	Betty Paulsen
6/12	Mary Gourdikian
6/14	Isabel Lachance
6/19	Lena Merendino
6/19	Charlcy Cadet
6/20	Stella Kuri
6/22	William Menegatti
6/23	Martha Lemke
6/25	Raymond Young
6/25	Judith McGavin

## EMPLOYEE BIRTHDAYS

6/2	Kacee Nickels
6/3	Marie Fabbri
6/9	Maricela Mendez
6/18	Vianeí Rojas
6/22	Abigail Cruz
6/22	Sonia Demirdjian



## Spring Tea Party



## ARCADIA GARDENS TRANSPORTATION

Got somewhere to go?  
Come and sign up with our  
helpful Concierge for your  
transportation needs.  
Our two friendly drivers,  
**ROBERT LIKADINATA**

&

**WILLY LAZO,**

are here to make sure you get  
where and when you need to be.  
*Please make sure you book your  
day and time 24 hours in  
advance.*

**Thank You!**

**Drivers Available**  
**MONDAY -FRIDAY**  
**7:00 am - 4:00 pm**

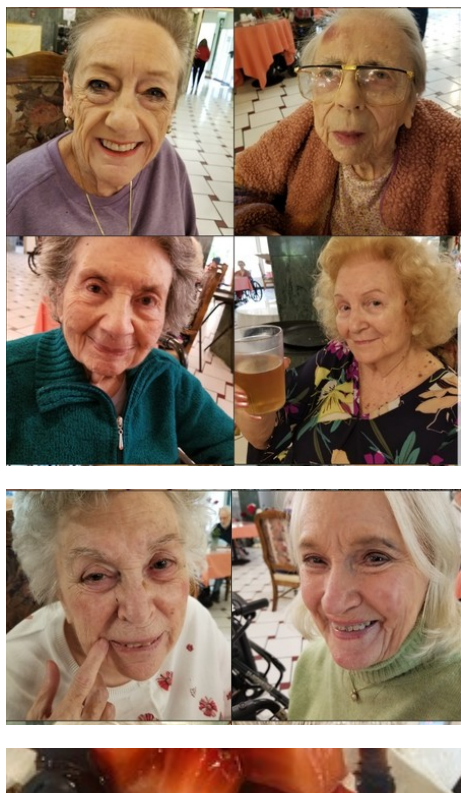
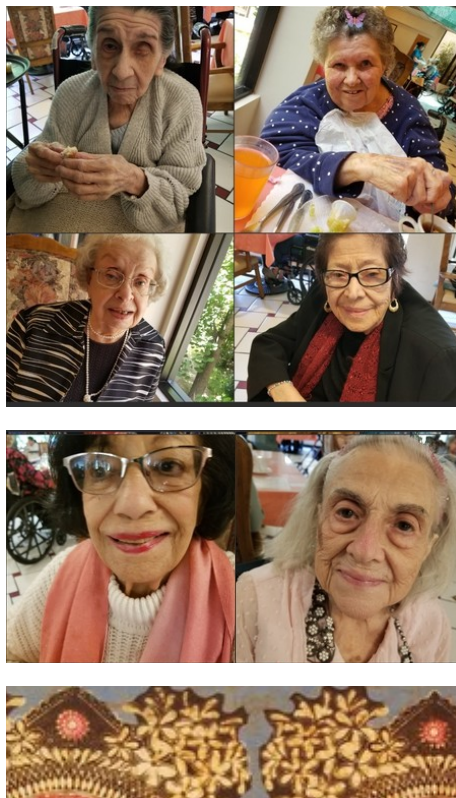
## CONCIERGE

Come talk to our helpful  
concierge team that is ready  
to help you 24 hours a day.





## Happy Mother's Day!



## Resident Council

### RESIDENT COUNCIL MEETING

is for ALL residents  
and is a forum to  
voice your opinions, questions  
and comments.

The next meeting will be held  
in  
the Dining Room  
Thursday, June 8th,  
at 2:30 pm.

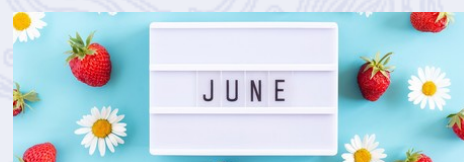
## Welcome New Residents

Raquel Paredes  
Roberta Nickles  
Dorothy Cambianica  
Susan Liu  
Janet Lindsey

## Happy Hour

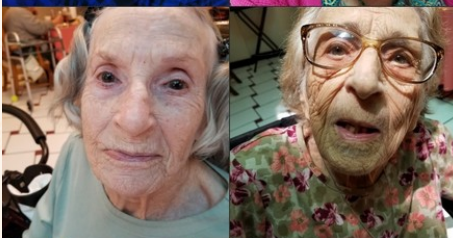
Please stop by Happy Hour  
Friday, Jun. 16th  
3:30 p.m.  
Oval Room

We would like to see our new  
Residents





## More Moms!



Bryan Taylor- Executive Chef

## ARCADIA GARDENS FINE DINING

### Breakfast

8:00 am - 9:00 am

### LUNCH

12:00 pm - 1:00 pm

### DINNER

5:00 pm - 6:00 pm

### Seasonal Selections

Toss some berries together for a summer fruit salad or as a topping for ice cream.

Blueberries, strawberries, raspberries and blackberries are all ripe for the picking this season.



## Memory Care Neighborhood



Mini pancakes, Yummy!





## Religious Services

We also offer spiritual support weekly in the OVAL ROOM

### Friday

9:00 am

Catholic Communion

### 2nd Friday of the Month

9:00 am

Catholic Mass

### Saturday

10:00 am

Rosary w/ Gladys

### Sunday

8:15 am

Transportation to local churches

### Church Fellowship

9:30 am alternating Sundays

3:30 pm TBA

(see calendar)



## BINGO SCHEDULE

Monday - Saturday, 1:30 p.m.



## EXERCISE CLASSES

Come and join us in staying fit and healthy with our daily classes in the OVAL ROOM

9:30 am, Mon.- Fri.

### Saturday

Stay Fit For Life



## Try Tai Chi

Aching knees are a common symptom of osteoarthritis, but an ancient Chinese practice may provide relief. A Tufts Medical School study found those who took a 12-week tai chi class reported a significant reduction in knee pain and stiffness.

Monday, Tuesday, Thursday and Friday

Tai Chi Class with Instructor

## Music Programs

Our music program has still NOT RETURNED to its Pre-COVID Schedule, which is listed here. The Current Calendar will list what is up and coming.

### Monday

10:30 am

Piano w/ Judith O/R

Jun. 5th & Jun. 19th

### Thursday-Sunday

12:00 and 5:00 pm

Piano w/Rick D/R

### Friday

6:30 pm

Twilight Guitar w/Rick O/R

### Saturday

10:30 am

Sing-Along w/Rick O/R

3:30 pm

Our All-Resident Band

Open Rehearsal O/R





## Moms Galore!



### Laugh Lines: Jokes To Ponder

If swimming is so good for your figure, how do you explain whales?

Do pilots take crash courses?  
Do you think Lipton employees take coffee breaks?

Is a fly without wings called a walk?

When cheese gets its picture taken, what does it say?

Ever wonder what the speed of lightning would be if it didn't zigzag?

Can you get cavities in your dentures from using too much artificial sweetener?

If a kid refuses to sleep during naptime, are they guilty of resisting a rest?

How is it that we put a man on the moon before we decided to add wheels to luggage?

—  
All of us could take a lesson from the weather. It pays no attention to criticism.

The easiest way to find something you've lost is to buy a replacement.

If you enjoy wasting time, then it's not wasted time.



### Friend Us on Facebook

Did you know our community has its own Facebook profile? It's true! And we want you to be our friend. To become our friend on Facebook, simply search for us on [www.Facebook.com](http://www.Facebook.com).





## CRAFT TIME



Marie Callender's







Spring Tea Party



Cinco De Mayo