
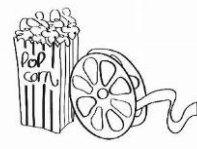















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>10:00</b> Morning Coffee & Cookies 	<b>2</b> <b>10:00</b> Chair Yoga w/Susan Unit 1 <b>10:30</b> Exercise W/ Betty Unit 2 <b>3:00</b> Catch the Ball	<b>3</b> <b>10:00</b> Piano w/ Judy <b>3:00</b> Theater Movie 	<b>4</b> <b>10:00</b> Accordion w/ Helen <b>3:00</b> CRAFT TIME Unit 1	<b>5</b> <b>10:00</b> Chair Yoga w/Susan Unit 2 <b>3:00</b> Afternoon Walk	<b>6</b> <b>10:30</b> Exercise W/ Betty Unit 1 <b>3:00</b> Sock Match Game 	<b>7</b> <b>10:00</b> MOVIE 
<b>8</b> <b>10:00</b> Morning Coffee & Cookies 	<b>9</b> <b>10:00</b> Chair Yoga w/Susan Unit 1 <b>10:30</b> Exercise W/ Betty Unit 2 <b>3:00</b> Catch the Ball	<b>10</b> <b>10:00</b> Morning Walk <b>3:00</b> Theater Movie  <b>6:00</b> TRIP-Christmas Lights On The BUS	<b>11</b> <b>11:30</b> CHRISTMAS PARTY! P/H Performer: Eric Ekstrand <b>3:00</b> CRAFT TIME Unit 2	<b>12</b> <b>10:00</b> Chair Yoga w/Susan Unit 2 <b>3:00</b> Afternoon Walk	<b>13</b> <b>UGLY CHRISTMAS SWEATER DAY!</b> <b>10:30</b> Exercise W/ Betty Unit 1 <b>3:00</b> BOWLING	<b>14</b> <b>10:00</b> MOVIE 
<b>15</b> <b>10:00</b> Morning Coffee & Cookies 	<b>16</b> <b>10:00</b> Chair Yoga w/Susan Unit 1 <b>10:30</b> Exercise W/ Betty Unit 2 <b>3:00</b> Putter Ball Golf Game	<b>17</b> <b>10:00</b> Piano w/ Judy <b>3:00</b> Sock Match Game 	<b>18</b> WEAR RED! <b>10:00</b> Accordion w/ Helen <b>3:00</b> Theater Movie 	<b>19</b> <b>10:00</b> Chair Yoga w/Susan Unit 2 <b>3:00</b> Afternoon Walk	<b>20</b> <b>10:30</b> Exercise W/ Betty Unit 1 <b>3:00</b> Afternoon Treat *POPCORN* Unit 1 & Unit 2	<b>21</b> <b>10:00</b> MOVIE  <small>Winter Begins</small>
<b>22</b> <b>10:00</b> Morning Coffee & Cookies 	<b>23</b> <b>10:00</b> Chair Yoga w/Susan Unit 1 <b>10:30</b> Exercise W/ Betty Unit 2 <b>3:00</b> Manicure Day Unit 1	<b>24</b> <b>10:00</b> Morning Walk <b>3:00</b> Manicure Day Unit 2	<b>25</b> <b>10:00</b> BOWLING <b>3:00</b> Catch the Ball <small>Christmas Hanukkah Begins</small>	<b>26</b> <b>10:00</b> Chair Yoga w/Susan Unit 2 <b>3:00</b> Afternoon Walk <small>Boxing Day (Canada) Kwanzaa Begins</small>	<b>27</b> <b>10:30</b> Exercise W/ Betty Unit 1 <b>3:00</b> Catch the Ball	<b>28</b> <b>10:00</b> MOVIE 
<b>29</b> <b>10:00</b> Morning Coffee & Cookies 	<b>30</b> <b>10:00</b> Chair Yoga w/Susan Unit 1 <b>10:30</b> Exercise W/ Betty Unit 2 <b>3:00</b> Catch the Ball	<b>31</b> <b>NEW YEAR CELEBRATION!</b> <b>10:00</b> Unit 1 <b>2:00</b> Unit 2 <small>New Year's Eve</small>	 <h1>December 2024</h1> <h2>Memory Lane</h2>			