

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Memory Lane



10:00 MOVIE



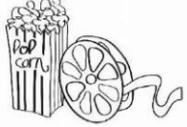
2
10:00 Morning Coffee & Cookies



Groundhog Day

3
10:00 Chair Yoga w/Susan Unit 1
10:30 Exercise W/ Betty Unit 2
3:00 Catch the Ball

4
10:00 Catch the Ball
3:00 Theater Movie



5
10:00 CRAFT TIME Unit 1
3:00 CRAFT TIME Unit 2

6
10:00 Chair Yoga w/Susan Units 1 & 2
2:00 Guitar w/ Rick Units 1 & 2



7
10:30 Exercise W/ Betty Unit 1
2:00 Guitar w/ Rick Units 1 & 2



8
10:00 MOVIE



9
10:00 Morning Coffee & Cookies



10
10:00 Chair Yoga w/Susan Unit 1
10:30 Exercise W/ Betty Unit 2
3:00 AFTERNOON WALK

11
10:00 Piano w/ Judy Units 1 & 2
3:00 Theater Movie



12
10:00 BOWLING
2:00 Sing Along w/ Jeremiah Units 1 & 2

Tu B'Shevat Begins

13
10:00 Chair Yoga w/Susan Units 1 & 2
2:00 Guitar w/ Rick Units 1 & 2



14
Wear RED or PINK
10:30 Exercise W/ Betty Unit 1
2:30 Valentines Day CUPCAKE DECORATING Units 1 & 2

Valentine's Day

15
10:00 MOVIE



16
10:00 Morning Coffee & Cookies



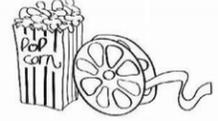
17
10:00 Chair Yoga w/Susan Unit 1
10:30 Exercise W/ Betty Unit 2
3:00 Catch the Ball

Presidents' Day (U.S.)

18
10:00 Sock Match Game
3:00 Afternoon Walk



19
10:00 Basketball
3:00 Theater Movie



20
10:00 Chair Yoga w/Susan Units 1 & 2
2:00 Guitar w/ Rick Units 1 & 2



21
10:30 Exercise W/ Betty Unit 1
2:00 Guitar w/ Rick Units 1 & 2



22
10:00 MOVIE



23
10:00 Morning Coffee & Cookies



24
10:00 Chair Yoga w/Susan Unit 1
10:30 Exercise W/ Betty Unit 2
3:00 Manicure Day Unit 1

25
10:00 Piano w/ Judy Units 1 & 2
3:00 Manicure Day Unit 2



26
10:00 RING TOSS
3:00 Theater Movie



27
10:00 Chair Yoga w/Susan Units 1 & 2
2:00 Guitar w/ Rick Units 1 & 2



28
10:30 Exercise W/ Betty Unit 1
2:00 Guitar w/ Rick Units 1 & 2



Ramadan Begins

